4-H-1001 Volume 3 New 1/09

2h "My Personality" Lesson Plan







Learning Objectives

- 1. Define personality.
- 2. List characteristics that make an individual similar to and different from others.
- 3. Identify responsibilities to be completed at home.
- 4. Name ways to improve the community.

Intended Audience

4-H Club members



Supplies & Resources Needed

- Lesson plan outline
- Foam board or stiff-back poster (22 inches X 28 inches)
- Pictures (may use magazines, clipart, family photos)
- Rubber cement (This is the best type of adhesive for your poster; it does not leave marks and will not wrinkle paper.)
- Scratch paper (optional) to sketch your poster design.
- Clear plastic or transparent materials to cover the poster



References

Purdue University Cooperative Extension. (2005) A Style All My Own - Personality Level A (4-H 956). West Lafayette, IN.

Projected Length

15-20 minutes

Introduction



We all have a personality. Personality is learning about yourself — who you are and how you fit into the world. Each of us is unique or very special. We are not like anyone else. Your specialness tells the world how important you are to family, friends, and your community. It is important for people to be different. When people have different ideas, they help each other see things in different ways. Although we are each very unique, we have some things the same. These similarities help us get along in the society. For example, we have laws that say how people should behave. It would be very confusing if we did not have laws to show us how to behave.

We live in a family, but we also live in a community. You are an important part of the family and community. When you are involved in your community, you are being a good citizen.



Objective 1

Define personality.



Have you ever thought about who you are?

Personality includes all of our unique qualities. Personality is our characteristics or features, the behaviors we express or show others (Dictionary.com).

Do you know what characteristics you have? Characteristics are the features that make us different from other people. Our personality is inside us – how we think, how we feel; but it is also what we show others about our feelings, thoughts.

Objective 2

List characteristics that make an individual similar to and different from others.



Have you ever wondered what makes you unique (or special)?

Almost everything about you makes you unique. You were born and celebrate your very own birthday. You have your very own family. You and your family have special things that you do together. You have your own friends and share unique experiences with them. You have special talents that you do well. Write down some of the things that make you special, make you unique.

Objective 3

Identify responsibilities to be completed at home.



What is a responsible person?

We can be responsible people at home and in the community. Being responsible means being a good person – a good citizen. Good citizenship at home helps families get along and practice respect. Families have to do many things for their homes to run smoothly. Some examples of being responsible at home are helping with the household grocery shopping, preparing meals, feeding the pets, and helping with household chores.

Taking on more responsibility is a sign to others that you are growing up. Learning new responsibilities helps you become a better citizen.

What are some responsibilities that you have at home?



Objective 4

Name ways to improve the community.



How does a responsible person work in the community?

In the community, we can also be responsible. We can look around our neighborhoods and see what needs to be done. We can talk to others and see what they need. We can talk to our parents, teachers, and our club leaders to find what kinds of things need to be done in our communities. Think about the positive ways that people support one another. Think about all the helpful things that people do.

Activity

Distribute poster materials and share the instructions on how to make a personality poster. It would be helpful to show the members a personality poster that is already completed.



We'll follow these steps to make a personality poster based on the topics that we have discussed previously.

Here's an example of how you should lay out your poster:

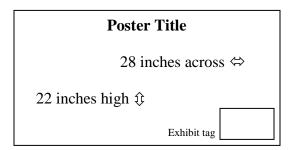


Exhibit tag is needed only for fairs.

These are some items you might include on your poster.



Your family photos
Your pets
Some things you enjoy
Places you enjoy & why you enjoy them
Your hobbies
Just share some things about yourself
The things that make you special, wonderful, fun, interesting, exciting, charming, intelligent



Group Discussion

Ask the group some of the following discussion questions.

- What is personality?
- How are we similar to and different from other people?
- What is responsibility?
- Who can you ask about services your community needs?
- What kinds of things can you do to make your community a better place to live?

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