Leaving a Positive Legacy with Your Club – Warm Fuzzies

Audience: Grades 6-12 Duration: 10-15 minutes

Overview: Members will discuss what a legacy is and that being kind to others can be a great place to start. They will then create a "Warm Fuzzy" wall where they make post it notes with compliments for other club members.

Objectives: Those watching and participating in the discussion will:

- Define the term "legacy."
- Understand a legacy can be as simple as being kind.
- Demonstrate kindness to one another.

Materials: Markers, Blank Wall Space or Flip Chart Paper, Sticky Notes

Instructions

- Have group define the word "legacy:" something passed on from someone in the past, such as an inheritance, repercussion, result, or consequence.
- Discuss types of legacies you can leave (e.g., known for kindness, causes you support, occupation, family).
- Lead them to discussing that a legacy can be as small as being a nice person.
- Explain that this activity will give the club a way to practice being kind and giving compliments.
- Set out markers and sticky notes.
- Describe a Warm Fuzzy as a nice compliment paid to another person to make them feel "warm and fuzzy."
- Ask them to think about Warm Fuzzies they can give to other members. During the meeting, they can take
 time to write the person's name and a compliment on a sticky note, and hang it on the Warm Fuzzy Wall.
- At the end of the meeting, have everyone collect the Warm Fuzzies left for them.

Facilitator note: Be sure each member in attendance receives at least one Warm Fuzzy.

Discussion Questions

- How did this activity make you feel?
- How can you do things like this outside of the meeting?
- What about with other groups?
- How will you feel about giving compliments to others on a regular basis?

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