

Reflect

1. How did you decide on an item to make this year? Did someone help you make this decision? _____
If so, who?

2. What sewn item(s) did you make this year? (List.) _____

3. Check the four (or more) new skills you learned this year.

- | | | |
|--|---|--|
| <input type="checkbox"/> Make darts | <input type="checkbox"/> Use fiberfill | <input type="checkbox"/> Hand-sew buttons |
| <input type="checkbox"/> Insert a lapped zipper | <input type="checkbox"/> Insert piping | <input type="checkbox"/> Sew a simple lining |
| <input type="checkbox"/> Make buttonholes | <input type="checkbox"/> Set in sleeves | <input type="checkbox"/> Apply bindings |
| <input type="checkbox"/> Sew ruffles | <input type="checkbox"/> Hand-stitch a hem | <input type="checkbox"/> Apply ribbings |
| <input type="checkbox"/> Apply trim | <input type="checkbox"/> Do a machine-topstitched hem | <input type="checkbox"/> Sew with knit |
| <input type="checkbox"/> Sew facings | <input type="checkbox"/> Do a machine blind hem | <input type="checkbox"/> Sew inseam pockets |
| <input type="checkbox"/> Sew a simple collar | <input type="checkbox"/> Sew tucks or pleats | <input type="checkbox"/> Sew patch pockets |
| <input type="checkbox"/> Construct with a serger | <input type="checkbox"/> Match fabric design | |
| <input type="checkbox"/> Apply machine appliqué | <input type="checkbox"/> Apply machine topstitching | |

4. List the learning activities (from page 6) you completed and briefly tell what you learned.

Activity	What I learned
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

5. Did you do an action demonstration? If so, on what? _____

Generalize

6. Planning and organizing are necessary as you sew. List the steps you used in making this _____
year's sewn item(s).

Apply

7. During the school year you need to plan ahead and be organized. Describe how you organize _____
your time to be sure you complete homework on time and are ready for tests.

Signature of 4-H member _____ Date _____

I have reviewed this record and made comments about the individual's progress and completion.

Signature of Helper/Leader _____ Date _____