

Activity

Culture in a Fruit Punch

Materials:

(3 to 5 fruits) Oranges, pineapple, grape fruit, berries
Scissors
Pen or pencils
Paper and tape
Iceberg shape poster



Purpose:

Using fruits to symbolize culture. Like culture, fruits have many aspects that you can see but there are underlying ones that can only be seen and understand when interacting with them and taking a deeper look, in this case tasting them.

How to play:

Complete each statement (you are allow to use your phone to find certain answers). Place each statement on the iceberg picture: things you can see at the top of the iceberg and the ones you can't see below the water level.

- Describe the fruit skin color (sight) _____
- Describe the size of the fruit (sight and touch) _____
- Describe the fruit skin texture (sight and touch) _____
- Identify one nutritional value (research) _____
- Fruit Country of origin (research) _____
- Other uses (research) _____
- Describe the fruit flavor (taste) _____
- Describe the fruit smell (smell) _____



Explanation: Like people culture, fruits have many aspects that you can see but there are underlying ones that can only be seen when interacting with them and taking a deeper look, in this case tasting them. Think about a fruit punch, when all of the different flavors of the fruits come together it creates something new and all of them contribute to the overall splendor that is a fruit punch, the same thing that happens in communities.



Print this table and cut in strips, make a one copy of these statements for each fruit/group of participants: Oranges, pineapple, grape fruit, berries, etc.)

Describe the fruit smell	
Describe the size of the fruit	
Describe the fruit skin color	
Describe the fruit skin texture	
Identify one nutritional value	
Fruit Country of origin	
Describe the fruit flavor	
Other uses	

Top (objective):



Bottom (Subjective):

Fruit Punch Iceberg Activity

Fruit: _____

