



TOOLS FOR THE SITE

CONOR CASTEEL & EMILY WALING

CONOR CASTEEL





COOL THINGS ABOUT ME



EMILY WALING



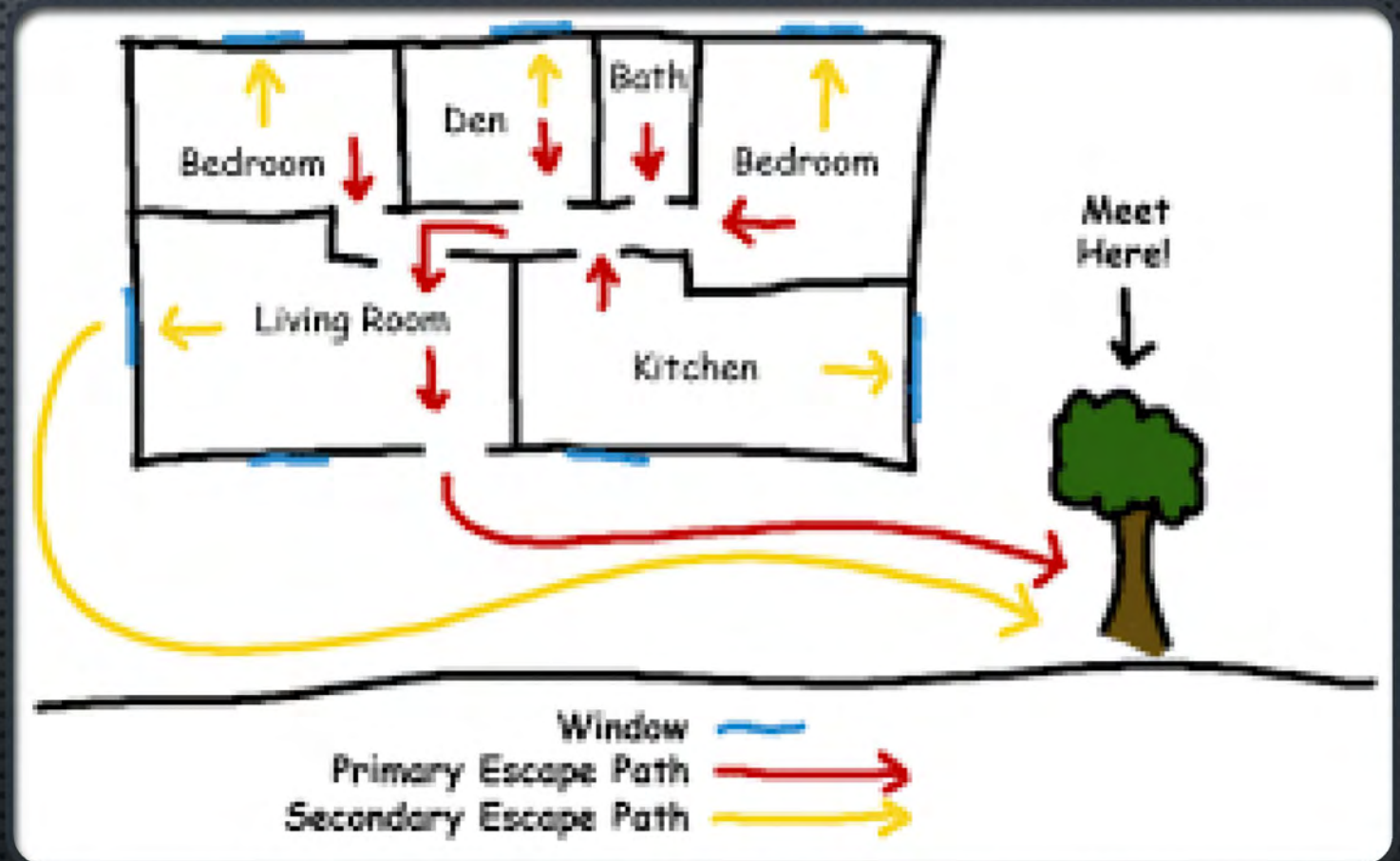


GOALS FOR THE SESSION

- Learn about first aid
- The importance of emergency plans
- How to make your own first aid and disaster kit
- How to execute an emergency plan
- Learn about the tools need for sewing
- How to thread a needle
- Sewing fabric together using a blanket stitch
- How to properly secure threads

DISCUSS WITH FAMILY WHAT TO DO IN CASE OF A FIRE

- EACH MONTH HAVE A DISCUSSION
- KNOW WHERE YOU CAN GO IN CASE OF FIRE
- HAVE A MEETING PLACE
- NEVER RISK YOUR LIFE FOR BELONGINGS
- NEVER GO BACK INTO THE HOUSE



DISCUSS
WITH FAMILY
WHAT TO DO IN
CASE OF A
TORNADO

- HAVE A PLANNED MEETING AREA IN A BASEMENT OR CRAWL SPACE
- IF THERE IS NO BASEMENT, HIDE IN THE BATHROOM IN THE BATHTUB
- DO NOT TAKE EVERYTHING WITH YOU
- MAKE SURE YOU HAVE DISASTER KIT IN A SPOT YOU CAN REACH IT

DISASTER KIT

- NON PERISHABLE FOODS
- FLASHLIGHTS AND BATTERIES
- MATCHES
- RADIO



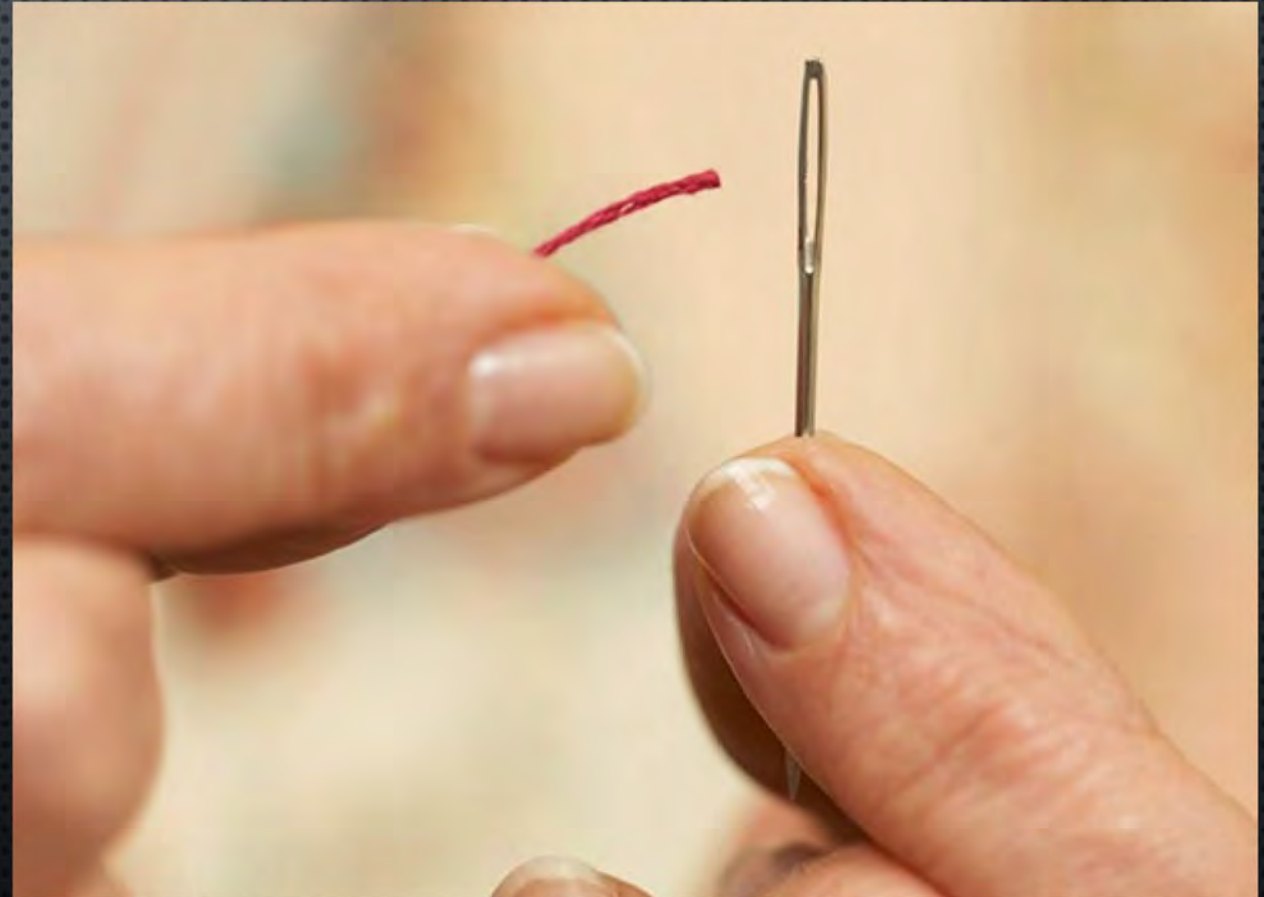
ANY QUESTIONS



SEWING 101: CORNER BOOKMARKS

STEP 1: THREADING YOUR NEEDLE

- Find the end of your needle that has a small hole
- Hold the needle in one hand while guiding the end of thread through the hole
- This could take some patience!



TIE BOTH ENDS TOGETHER!

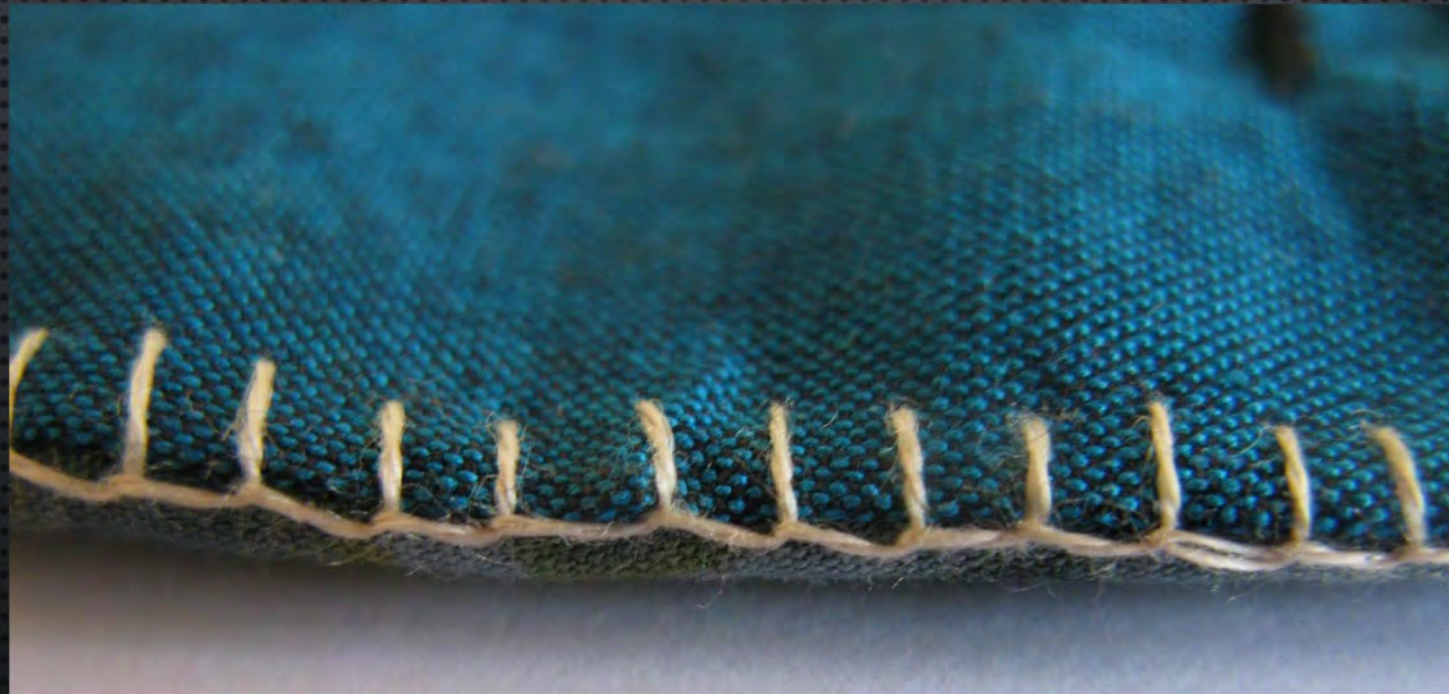
- TAKE BOTH LOOSE ENDS OF THREAD AND TIE THEM TOGETHER
- DO TWO OR THREE KNOTS TO MAKE SURE IT IS SECURE

STARTING TO SEW!

- FIND YOUR TWO PIECES OF FABRIC
- YOU SHOULD HAVE ONE SQUARE AND ONE TRIANGLE PIECE
- PLACE THE TRIANGLE PIECE IN ONE CORNER OF THE SQUARE AND LINE UP YOUR EDGES



- NEXT WE WILL BE USING A BLANKET STITCH TO ATTACH THE TWO PIECES TOGETHER



<https://www.youtube.com/watch?v=S9zegUYdPmg>

SEW, SEW, SEW!

- USING THE BLANKET STITCH YOU JUST LEARNED, SEW AROUND THE TWO LINED UP SIDES OF THE BOOKMARK
- MAKE SURE TO KEEP THE EDGES LINED UP AND THAT YOU CATCH BOTH PIECES OF FABRIC FOR EACH STITCH



FINISHING UP!

- ONCE YOU HAVE REACHED THE END OF THE SIDES, YOU ARE NOW READY TO SECURE YOUR ENDS
- IN A SIMILAR FASHION, YOU WILL TAKE ANOTHER STITCH
- THIS TIME DO NOT GO BACK THROUGH YOUR LOOP!
- PULL THE THREAD TIGHT AND TAKE ANOTHER STITCH IN THE *SAME* SPOT!
- DO THIS TWO TIMES
- TAKE A THIRD STITCH IN THE SAME SPOT, THIS TIME LEAVE A LOOP AND GO THROUGH IT AS BEFORE
- PULL SECURELY
- USING YOUR SCISSORS, (CAREFULLY) TRIM THE EXCESS THREAD

OPTIONAL DECORATIONS

- IF YOU HAVE FINISHED SEWING AROUND THE EDGES, FEEL FREE TO USE YOUR OTHER THREAD AND CREATE DESIGNS ON YOUR BOOKMARK
- EXPERIMENT AND HAVE FUN!



QUESTIONS?

