

Purdue Extension
Pike County

812-354-6838

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Newsletter

January | February 2022



4-H Enrollment

4HOnline (v2.4HOnline.com) is open to enroll/re-enroll youth for the 2021-2022 program year!

To get the most out of your 4-H Experience, please enroll before January 15, 2022!

Re-enrolling 4-H Adult Volunteers need to go into 4HOnline and re-enroll as an adult volunteer, complete the required trainings, and sign the Adult Behavioral Expectations ASAP!

Please contact the Extension Office if we can help in

Scoop

Be on the lookout for the
2022 Pike County 4-H Scoop
coming to your mailboxes soon!

Jr. Leaders

Calling all 7th-12th Graders! Do you enjoy providing community service as well as expanding your citizenship and leadership skills? If so, join us February 15th at 6pm in the 4-H Exhibit Building! Email Brooke if you have any questions bgoble5@purdue.edu

It is the policy of the Purdue University Cooperative Extension Service that all persons have equal opportunity and access to its educational programs, services, activities, and facilities without regard to race, religion, color, sex, age, national origin or ancestry, marital status, parental status, sexual orientation, disability or status as a veteran. Purdue University is an Affirmative Action institution. This material may be available in alternative formats.



4-Hers Helping 4-Hers


Our friends to the south experienced a devastating weather event on December 11. Even with the generosity of so many across this great nation of ours, the damage and loss will take years to rebuild. If you are able, please consider giving to this cause through our incredible 4-H youth organization.

The 4-Hers Helping 4-Hers Relief Fund can be found here:
<https://kentucky4hfoundation.org/relief-fund/>

Donations made to the fund will be disbursed to meet the needs of 4-Hers and their families. The disbursement of these funds will be determined by the Kentucky 4-H Foundation along with University of Kentucky, and Extension Staff. The funds will go directly to assisting 4-Hers. Please reach out with any questions or concerns to staff at: clover@kentucky4h.org

University of Kentucky
College of Agriculture, Food and Environment
Cooperative Extension Service

4-Hers Helping 4-Hers Relief Fund



Support the efforts of Kentucky 4-H in providing support to 4-H youth, families, and communities impacted by the recent natural disaster. Donate by using the link in description.

Fair Season

- Gibson County Fair: July 10 - 16
- Daviess County Fair: July 12 - 23
- Dubois County Fair: July 12 - 17
- Knox County Fair: July 18 - July 23
- Vanderburgh County Fair: July 26 - July 31
- Pike County Fair: July 24 - 30
- Indiana State Fair: July 29 - August 21

County & State 4-H Trips

- 4-H Camp with Pike, Daviess, Dubois, Martin, Perry, & Spencer Counties: June 13 -15, 2022
- 4-H Academy: June 8 - 10, 2022
- 4-H Round-Up: June 20 - 22, 2022

More information to come!

Holiday Gnome Workshop

On Tuesday, December 21, several Pike County youth attended our Holiday Gnome Workshop held at the Pike County 4-H Exhibit Building. We had fun learning how to make fun stuffed gnome figures for the holidays using nothing but socks, rice, rubber band, and faux fur. Some youth added some extra touches to their gnomes and a few decided they would be nice gifts for their loved ones over the winter break. Thank you to those youth and families who ventured out and helped make this a great experience for these awesome kiddos!

We had a lot of fun and can't wait to host more exciting opportunities for youth to get involved in the coming months!

Thank you to everyone for participating in our Holiday Gnome workshop!





Clover Gaming Connection

The brand-new Clover Gaming Connection SPARK Club has met twice so far and we love seeing new faces as we get to learn new things together. The CGC SPARK Club has discussed storytelling in games and how creativity plays a big part in bringing games to life. They have also begun to learn the mechanics of a game and what all the different parts are that make a board game or a video game easy and fun to play with friends or family.

The Clover Gaming Connection SPARK Club is open to any youth in grade 3 -12 in Pike County and youth do not need to be current 4-H members to join! This SPARK Club was made possible in part by a grant from the Pike County Community Foundation.

We have six meetings left and can't wait for the youth to start developing their own games!



L to R: Kayla Lamar, Nikki Benefiel, and Eli Lamar work together to understand the mechanics used within the popular board game, Candy Land.



Gaming SPARK Club

**Do not need to be a
4-H Member!**

DO YOU LIKE
PLAYING GAMES
LIKE MARIO
BROS.? WHAT
ABOUT APPLES TO
APPLES OR FORTNITE?

Want to play
games like these
with your friends
and learn how
to design your
own games?



Please contact Alex
Mahrenholz, 4-H/ANR
Educator
at 812-354-6838 or
amahrenh@purdue.edu
with any questions.

The 4-H Gaming
SPARK Club is looking
for Adult Volunteers!
You just need an
interest in playing
games and having
fun!

Thursday Evenings

5:30 - 7:30 pm

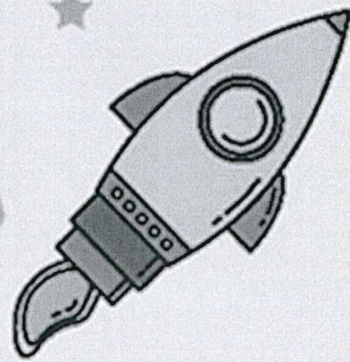
Pike County 4-H Exhibit Building

Snacks Provided!

**December 9th, 16th
January 6th, 13th, 27th
February 3rd, 10th**

**Join
the
Fun**

BOILERMAKER BLAST!



JOIN US FOR AN INTERACTIVE DAY OF
TINKERING, BUILDING, AND DESIGNING!

When: Monday, February 21

Who: Youth in grades 3-8

Location: Alcoa Building, Warrick County 4-H Center,
133 East Degonia Road, Boonville

Time: 9:00 am - 3:00 pm CT

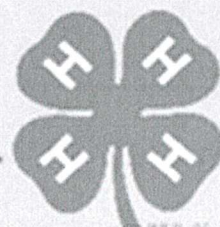
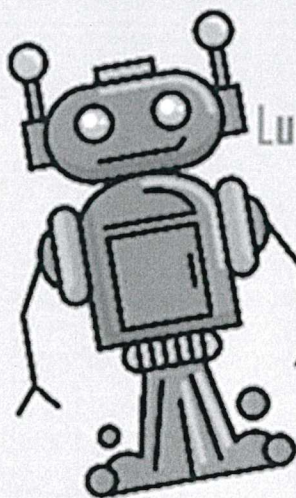
Register: Complete registration on next page and send to
Purdue Extension - Spencer Co., 1101 E County Rd 800 N,
Chrisney, IN 47611

Cost: \$10 for current 4-H members; \$25 for non 4-H
members (includes 4-H membership)

Lunch is provided. Registration required by Feb 14.

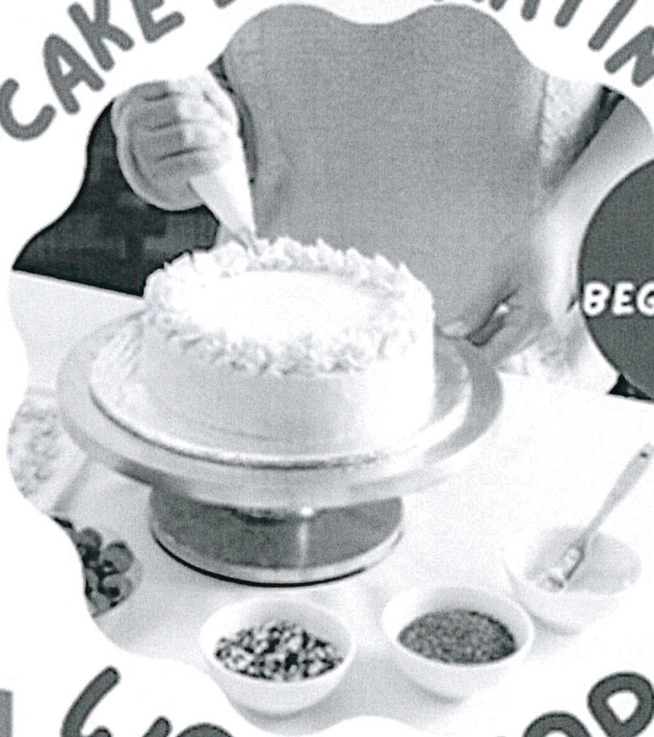
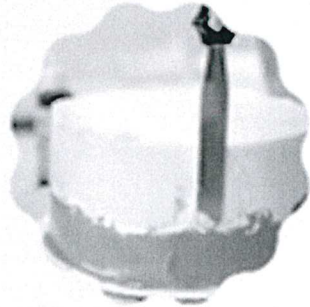
No experience necessary.

Questions? Contact Megan Hoffherr at
mkron@purdue.edu or (812) 867-4935.





CAKE DECORATING



**FOR
BEGINNERS!**

**4-H AND
NON 4-H
MEMBERS
AGES 9 - 18
WELCOME!**



REGISTER

TODAY

WORKSHOP

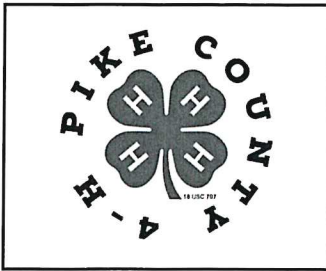
Saturday, April 16; 1:00 - 3:00 PM

Pike County 4-H Exhibit Building

This SWEET workshop will help youth gain basic cake decorating skills and ideas that will make your next dessert (or 4-H Fair project!) be delicious inside & out!

Space is limited to first 15, so be sure to register ASAP by calling (812) 354-6838 or emailing Alex at amahrenh@purdue.edu





Date	Event	Time EST	Location	Contact
Jan. 13	Clover Gaming SPARK Club Meeting #3	5:30 – 7:30 PM	4-H Exhibit Bldg.	Alex Mahrenholz
Jan. 15	First 4-H Enrollment Due!!!			
Jan. 17	MLK Jr. Day- Office Closed			
Jan. 18	Extension Board Ann. Mtg.	6:00 – 8:00 PM	Otwell Comm. Center	Alex Mahrenholz
Jan. 25	4-H Scholarships Due	Before 11:59 PM	4-H Online	Brooke Goble
Jan. 27	Clover Gaming SPARK Club Meeting #4	5:30 – 7:30 PM	4-H Exhibit Bldg.	Alex Mahrenholz
Feb. 3	Clover Gaming SPARK Club Meeting #5	5:30 – 7:30 PM	4-H Exhibit Bldg.	Alex Mahrenholz
Feb. 9	YQCA Training #1	6:00 – 7:15 PM	4-H Exhibit Bldg.	Alex Mahrenholz
Feb. 10	Clover Gaming SPARK Club Meeting #6	5:30 – 7:30 PM	4-H Exhibit Bldg.	Alex Mahrenholz
Feb. 12	4-H Pancake Round-Up	TBA	4-H Exhibit Bldg.	4-H Council
Feb. 17	Clover Gaming SPARK Club Meeting #7	5:30 -7:30 PM	4-H Exhibit Bldg.	Alex Mahrenholz
Feb. 21	Boilermaker Blast	10:00 AM – 4:00 PM	Warrick 4-H Center	Megan Hoffherr at (812) 867-4935
Feb. 24	Clover Gaming SPARK Club Meeting #8	5:30 – 7:30 PM	4-H Exhibit Bldg.	Alex Mahrenholz
March 5	4-H Camp Counselor Application Deadline		4HOnline (in Events)	Alex Mahrenholz
March 21	YQCA Training #2	6:00 – 7:15 PM	4-H Exhibit Bldg.	Alex Mahrenholz
March 22 – 23	4-H Spring Break Day Camp	9:00 AM – 4:00 PM	4-H Fairgrounds	Brooke or Alex
April 16	YQCA Training #3	9:00 – 10:15 AM	4-H Exhibit Bldg.	Alex Mahrenholz
April 16	Cake Decorating Workshop	1:00 – 3:00 PM	4-H Exhibit Bldg.	Alex Mahrenholz
May 9	YQCA Training #4	6:00 – 7:15 PM	4-H Exhibit Bldg.	Alex Mahrenholz
May 15	4-H ENROLLMENT, LIVESTOCK ID, YQCA DEADLINE to participate in 2022 4-H Fair!!!			
June 13 – 15	4-H Camp with Pike, Daviess, Dubois, Martin, Perry, & Spencer Counties			

Scholarship Deadlines

- Indiana 4-H Foundation Senior Year Scholarship- Due January 25, 2022
- Indiana 4-H Foundation Club Scholarship- Due January 25, 2022
- Indiana 4-H Foundation Accomplishment Scholarship- Due January 25, 2022
- Indiana 4-H Foundation Purdue Horticulture & Landscape Architecture Scholarship- Due January 25, 2022



YQCA


The Youth for the Quality Care of Animals (YQCA) is an exhibit requirement for any 4-H member in the following projects: Cattle, Goats, Poultry, Rabbits, Sheep, and Swine. Members may attend any YQCA Training or complete the training online.

In-person YQCA Trainings for Pike County 4-Her's are generously sponsored by the Pike County 4-H Livestock Committee. Online trainings are available at a cost of \$12/exhibitor.

Pike County 4-H Youth should register for the training of their choice via Events in 4-H Online at least one week prior to the date of the training.

Call the Extension Office or e-mail Alex with any questions you might have!

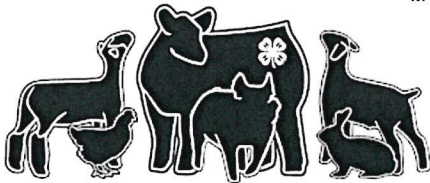
ALL PIKE COUNTY 4-H YOUTH MUST HAVE COMPLETED THEIR YQCA TRAINING BEFORE MAY 15.




PIKE COUNTY YQCA TRAININGS

February 9, 2022: 6 PM	April 16, 2022: 9 AM
March 21, 2022: 6 PM	May 9, 2022: 6 PM


The Youth for the Quality Care of Animals (YQCA) is an exhibit requirement for any 4-H member in the following projects: Beef Cattle, Dairy Cattle, Goats, Poultry, Rabbits, Sheep, and Swine. Members may attend any of the above meetings OR a YQCA training in another county OR complete the training online.



In-person or Online YQCA Training is REQUIRED for 4-H livestock exhibitors each year!
In-person trainings are sponsored by your Pike County 4-H Livestock Committee
(Online trainings are \$12)



Extension - Pike County





Livestock Rule Changes

The Pike County 4-H Livestock Committee voted to make the following revisions to the 4-H Livestock Rules for the 2021- 2022 program year. You will see these changes reflected in the *2022 Pike County 4-H Scoop* that will be published and mailed to each 4-H family in the coming months.

Pg. 91- General Rules

- #6. There will be a Fairgrounds Cleanup Day on Saturday, July 16, from 7AM – 12PM. The REQUIRED Livestock Exhibitor Meeting for ALL 4-H LIVESTOCK EXHIBITORS will be held on this date at 9AM in the Livestock Arena.
- #8a. Stall assignments may be made by each specie superintendent on cleanup day or after. These assignments may differ based upon enrollment and other circumstances. Due to this reason, stalls may NOT be decorated prior to having an approved stall assignment from each respective specie superintendent.
- #9. If an animal needs to leave the Fairgrounds early, exhibitors must submit a Livestock Early Release Form explaining the reason to the Extension Office no later than July 16. Forms received after this date may not be considered by the Livestock Committee. The Early Release Form is on page ____.
- #10. Anyone wishing to stay overnight at the 4-H Fair must complete and sign an overnight pass and deliver it to the Extension office no later than July 16. Forms received after this date may not be considered for approval.

Pg. 92- General Rules

- #12. Any obviously diseased, malnourished, or uncared-for animals as deemed by either a veterinarian, the respective specie superintendent, and/or an Extension Office staff member, will not be allowed to be exhibited and will be sent home.
- #13. A veterinarian of the 4-H Livestock Committee's choice may be present for random inspection and/or blood testing of livestock at check-in and/or exhibition events.

Pg. 100- Auction

- #1. Members wishing to participate in the livestock auction will need to enroll within the FairEntry system no later than July 15. Auction entries may not be accepted or altered after this date.
- #3. The Pike County 4-H Livestock Auction is scheduled for Friday, July 29 at 6:00 PM EST at the Livestock Arena.

Pg. 101- Auction

- #6. Auction order numbers will be randomly assigned, with the exception of Grand and Reserve Grand Champions. *See Rule #14
- #10. An animal may go through auction only once; that same animal may never go through the auction again. Horse & Pony project animals are the only exception to this rule. Other exceptions may be considered by means of written requests submitted to the Livestock Committee prior to July 15.
- #14. Further, Grand Champion and Reserve Grand Champion winners will be given precedence in each species drive. GRC and RGC winners must let the Extension Office staff know their chosen precedence within 24 hours after the conclusion of each species show in question, otherwise they will be placed first within the auction order.

ADDED RULE: If a 4-H member does not participate in their specie show, they will not be permitted to sell that specie animal in the 4-H Livestock Auction. Exceptions to this rule must be approved by the Livestock Committee prior to 24 hours before the beginning time of the 4-H Livestock Auction.



Livestock Rule Changes (continued)

ADDED RULE: Thank You Cards from livestock auction exhibitors to buyers are **REQUIRED** in order for exhibitors to receive their auction checks.

In 4-H we have many unique opportunities to express our thanks to donors, volunteers, livestock auction buyers and others. A lot of respect can be earned or lost by our ability to say thanks. Thank you notes help our sponsors realize that their donations and sponsorships really mean something to you. It helps them feel appreciated and become more interested in sponsoring next year.

- a. The Extension Office will provide exhibitors with their buyer(s) name(s), Thank You cards and envelopes, along with ink pens as no typewritten notes will be accepted. A table with supplies will be set up during the livestock auction for exhibitors to complete their card(s).
- b. If an exhibitor sells more than one animal and/or if multiple buyers get together to purchase an animal, a Thank You card is required for each buyer.
- c. Each completed Thank You card(s) must be submitted to the Extension Office **UNSEALED** no later than one week prior to the annual 4-H Achievement Dinner.
- d. Dirty and/or smudged Thank You cards will **NOT** be accepted.

Pg. 102- Cattle

#10e. Align birth date requirements with Indiana 4-H requirements

- a. Junior heifer calves born January 1 to March 31, 2022
- b. Winter heifer calves born November 1 to December 31, 2021
- c. Senior heifer calves born September 1 to October 31, 2021
- d. Late summer yearling heifers born July 1 to August 31, 2021
- e. Early summer yearling heifers born May 1 to June 30, 2021
- f. Spring yearling heifers born March 1 to April 30, 2021
- g. Junior yearling heifers born January 1 to February 29, 2021
- h. Senior yearling heifers born September 1 to December 31, 2020

Pg. 102- Goat

#6. **ADDED:** Dry Doe Class (not producing)

Non-producing does born before September 1 of the prior year

Pg. 105- Poultry

#3. All poultry entries of any breed or specie **MUST** be identified on a paper form and submitted to the Extension Office on or before May 15.

All exhibitors wishing to claim their poultry entries have originated from an officially NPIP Pullorum-Typhoid Clean Flock **MUST** complete the *Indiana Poultry Exhibitor Form* found on page _____ and submit to the Extension Office on or before May 15. These forms may also be found online and at the Extension Office. Non-submission of this form forfeits the ability to show at any Pike County 4-H event.



Livestock Rule Changes (continued)

#4. ALL POULTRY shown at a County Fair, the State Fair or at an Exhibition event must have originated directly from a National Poultry Improvement Plan (NPIP) Pullorum-Typhoid certified clean flock within one year or have had a negative PT Test within ninety (90) days prior to the date of the event.

Pike County 4-H will host a testing date(s) each year for 4-Her's to have their birds PT-tested at no cost to the exhibitor.

#8. Sick birds along with any unwell livestock will be removed from the fairgrounds at the discretion of the Poultry Superintendent, Livestock Committee, Veterinarian, and/or Extension Office staff.

ADDED RULE: If you are unsure of the breed of your poultry, please check with the Poultry Superintendent or the Extension Educator to ensure that your poultry is entered in the correct class. Poultry entered incorrectly into the FairEntry system may not be judged according to their class-specific characteristics.

ADDED RULE: Participants may show 13 poultry entries total excluding egg exhibits.

Poultry Classes are as follows:

- Commercial Chicken- Hen
- Commercial Chicken- Rooster
- Exhibition Chicken- Hen
- Exhibition Chicken- Rooster
- Exhibition Chicken- Bantams
 - Hens
 - Roosters
- Pigeons
- Turkeys
- Guineas
- Exhibition Waterfowl
 - Duck—Weight classes removed for Duck
 - Goose
- Egg Exhibit

Pg. 106- Rabbit

#13. *ADDED:* 'All Other Breeds' class under Fancy Division

Pg. 109- Supreme Showmanship

ADDED SUB-RULE: The Pike County 4-H Livestock Committee has discretion to alter the species to be shown in both and/or each of the Supreme Showmanship contests due to varying circumstances such as enrollment, etc.

Rabbit Hemorrhagic Disease Virus(RHVD2)
from the American Rabbit Breeders Association (ARBA)

A recent case of RHVD2 - rabbit disease was confirmed in Louisville, KY. The ARBA has issued a 125 mile radius quarantine, which means no one in that zone will be allowed to show at any ARBA show until the quarantine is lifted which right now will be Feb 15, 2022.

At this time all 4-H County Rabbit programs should practice the quarantine protocol, regardless of the proximity to Louisville out of precaution. Until further information is available, 4-H Rabbits should not be moved from place to place for meetings, workshops, etc. Please respect this quarantine for your own county rabbits safety and that of others.

Up coming Events

Date	Event	Time EST	Location	Contact
Jan. 12	Area III Indiana Beef Cattle Association Mtg.	7:00 PM	Red Wagon Restaurant	Maegan Hollis at (812) 385-3491
Jan., 18	Area III Corn & Soybean Day	9:00 AM – 1:30 PM	Vanderburgh 4-H Center	Hans Schmitz at (812) 838-1331
Feb. 1 – 2	Professional Landscape Management School	10:00 AM	Friedman Park; Newburgh, IN	Meagan Diss at (812) 435-5287
Feb. 2 – May 11	Spring 2022 EMG Basic Training – Gibson, Posey, Vanderburgh, & Warrick Counties	10:00 AM – 1:00 PM	Vanderburgh 4-H Center	Maegan Hollis at (812) 385-3491
Feb. 10	Nutrient Management Breakfast	8:30 AM - 12:30 PM	Poseyville Community Center	Hans Schmitz at (812) 838-1331
Feb. 17	Pork Quality Assurance Plus (PQA+) Training	6:30 – 8:30 PM	Dubois 4-H Fairgrounds Clover Pavilion	Kenny Eck at (812) 482-1782
March 3-4	Indiana Small Farm Conference	TBA	Danville, IN	https://www.purdue.edu/dffs/smallfarms/
March 12	Ohio Valley Small Farm Conference	9:00 AM	Henderson, KY	(812) 897-6100 or http://henderson.ca.uky.edu
March 12	Vermiculture Workshop	11:00 AM – 1:00 PM	Vanderburgh 4-H Center	Posey SWCD at (812) 838-4191

A Wet Harvest and Its Lasting Effects

A wet harvest continues to cause problems even in the new year.

While farmers struggled to finish getting crops out of the field, some were forced to enter fields in less than ideal conditions. Wet ground and heavy farm equipment are not typically a desired combination and that coalition may have caused soil compaction in some fields. In preparing for the busy spring season, adding a plan to deal with the damage caused by less than ideal harvest conditions can save you more expense in the long run.

Although rippers have been traditionally used to alleviate soil compaction, they may not provide the best solution if some of the predictions for a wet spring prove to be true. We know now that the soil compaction layer often goes deeper than a ripper has the ability to run. A potential solution to this issue is a deep-rooted cover crop that can begin the process of breaking down all of the soil compaction layers which could have built up over several years. Annual ryegrass and cereal rye are cover crops that grow continuously throughout the winter and can break compaction layers with roots extending deeper than two and a half feet. Radishes and rapeseed are cover crops that can be utilized effectively with acreage exhibiting less pervasive compaction layers.

After the roots of these crops die and begin to decay, the channels they leave behind provide a quality environment for corn roots in the coming growing season. If compaction symptoms are seen in preparation for this spring's planting season, consider speaking with your SWCD, NRCS, or Purdue Extension ANR Educator to make a plan by implementing cover crops and all the benefits they provide on your operation next year.

Keeping Your Animals Warm in the Winter

As temperatures drop, consider some of the following tips when thinking about how to keep your furry friends warm this winter!

- Cats & Dogs: Access to shelter, Move shelter out of direct wind, and Proper bedding
- Cattle: Access to grass or hay at all times, Access to shelter, Stack straw for insulation, and Lots of clean/dry straw bedding
- Goats & Sheep: Proper housing, Deep Litter Method, and Access to Clean/Dry Hay and Straw
- Horses: Access to grass or hay at all times, Access to shelter, Stack straw for insulation, Straw bedding, and Properly supervised horse blankets
- Rabbits: Exchange water bottles often, Keep hutch/housing out of direct wind, and Bedding boxes
- Poultry: Move coop/housing unit to least windy location, Deep litter method, Stack straw for insulation, and Heavy curtains around nesting boxes



Keep in mind that ALL ANIMALS require constant access to clean water at all times! Heated buckets & bowls as well as tank heater are available at any farm store.

Heat lamps should be used with caution and be set up following all directions and precautions.

Don't lose your ventilation means in work to insulate as animals in housing require proper ventilation.

Need to check your PARP records?

Visit <https://www.oisc.purdue.edu/>

- Click on "My Records" in orange
- Click on "Applicator Login"
- Enter the information required
- Click on the different tabs to see where you attended meetings, how many credits you have, how many you need, and when your license expires.

If you have any questions about your PARP credits/sessions, please e-mail or call Alex at the Extension Office.



AREA CORN & SOYBEAN DAY

WHERE

Vanderburgh 4-H Center - Activities Building
201 Boonville - New Harmony Rd, Evansville, IN
47725

WHEN

Tuesday, January 18, 2022
8:00 A.M. - 12:30 P.M. CST

8:00 - 8:30 A.M. Registration: \$10 for ALL Credits
(PARP, Commercial, and Certified Crop Advisor)
*(Farmers needing recertification credits - bring applicator card);
Commercial and Certified Crop Advisor Credits have been applied for.*

8:30 - 9:00 A.M. PARP - Minibulks
*Amanda Mosiman
ANR Extension Educator - Warrick County*

9:00 - 9:50 A.M. Grain Marketing Panel Discussion

10:00 - 10:50 A.M. Lessons Learned from the 2021
Corn Growing Season
Dan Quinn, Purdue University

11:00 - 12:00 P.M. Soybean Production Updates
Shaun Casteel, Purdue University

12:00 - 12:30 P.M. Lunch

12:30 P.M. Adjourn - Have a safe trip home!
Sign for CCH and CEU credits

Note: If you need a reasonable accommodation to participate in this program, contact Hans Schmitz at (812) 838-1331 at least one week prior to the meeting.

Purdue University is an equal opportunity/equal access/affirmative action institution

2022 FORAGE FORUM FRIDAYS

Join Purdue and Industry
Forage Specialists as we
dive even deeper into the
world of forages!

JANUARY 7, 2022
MARKETING & PURCHASING HAY

JANUARY 14, 2022
OPPORTUNITIES WITH SORGHUM
GENETICS

JANUARY 21, 2022
RESPONDING TO FERTILIZER ISSUES &
RISING COSTS

JANUARY 28, 2022
FINDING MONEY IN GRAZING

FEBRUARY 4, 2022
FORAGE TOOLKIT NECESSITIES & FUTURE
GADGETS

FEBRUARY 11, 2022
FARMING WITH A 4-WHEELER-TOOLS FOR
SMALL ACRES

FEBRUARY 18, 2022
FORAGE EQUIPMENT MAINTENANCE

FEBRUARY 25, 2022
LIVESTOCK PRODUCTION LABELING

PLEASE REGISTER AT:
tinyurl.com/ExtFFF

*If you registered for the first round
back in March 2021, you do not need to
register again.*



BEEF BASICS *PROGRAM*

8 Virtual Sessions: Tuesday Nights
February 8 - March 29, 2022
6:00 - 8:00 PM (EST)




Cost: \$50

Registration: <https://tinyurl.com/wwwvba92w>

Registration Deadline: February 1, 2022

Session Topics Include:

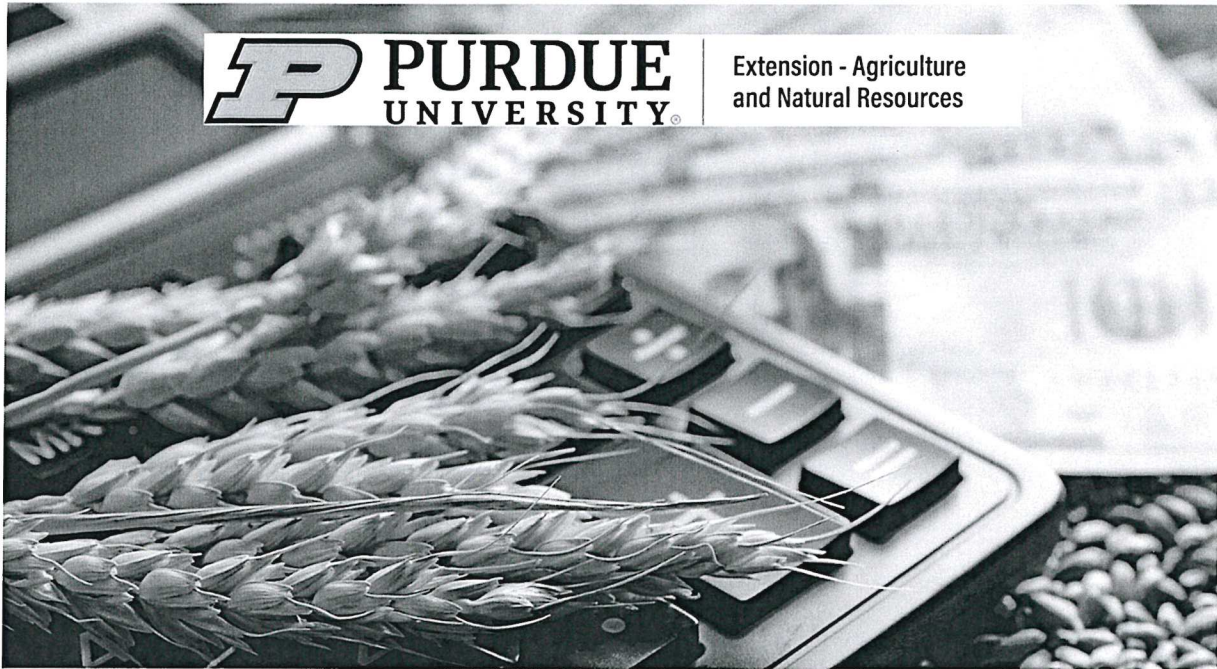
- Overview of the beef cattle industry
- Animal behavior
- Stockmanship and facilities
- Beef cattle health
- Forages and nutrition
- Beef cattle genetic selection and reproduction


PURDUE
UNIVERSITY

Extension



Extension - Agriculture
and Natural Resources



JOIN PURDUE EXTENSION & AG INDUSTRY SPECIALISTS AS THEY
DISCUSS FARM FINANCE TOPICS ON TUESDAYS IN JANUARY

GETTING INTO THE FARM BUSINESS

\$20 per participant

This fee allows each participant to attend all four sessions

Tuesdays: 7:00 - 9:00 PM EST

Dubois County 4-H Fairgrounds Annex
4157 S State Road 162, Huntingburg, IN 47542

January 4: Beginning Your Farm Business & Developing a
Business Plan- *Laying Foundations to Success*

January 11: Think Like a CFO- *What Managing
Your Business Means*

January 18: Numbers & Ratios- *Tracking Your
Farm's Progress & Success*

January 25: Utilizing Partner Programs- *Cost-Share
& Technical Assistance Options for Farmers*



To register, visit <https://cvent.me/VywwRb>

Purdue University is an equal opportunity/equal access/affirmative action institution.
If you are in need of accommodations to attend this program, please contact Kenneth Eck
prior to the meeting at (812) 482-1782 or kjeck@purdue.edu by December 22.

STRATEGIC MARKETING FOR YOUR FARM'S FUTURE

*5 Virtual Sessions: Thursday nights
February 3 - March 3, 2022*



Strategic Marketing for Your Farm's Future will empower you to make marketing decisions for your farming operation and communicate those decisions to the farm management team, key financial advisors, and family. This multi-session marketing course will be offered online.

Session Topics include:

- Crop marketing strategies
- Tools available to assist with marketing
- Technical analysis of markets
- Diversification into niche markets
- How to communicate decisions
- Tools to address stress associated with marketing highs and lows

Classes begin February 3, 2022 and run each Thursday from 7:00-8:00 pm EST through March 3rd.

Cost: \$30

Register by February 1st: <https://cvent.me/dK00gR>

This material is based upon work supported by USDA/NIFA under Award Number 2018-70027-28586.



NORTH CENTRAL
EXTENSION
RISK
MANAGEMENT
EDUCATION



USDA National Institute of Food and Agriculture
U.S. DEPARTMENT OF AGRICULTURE

ENR1

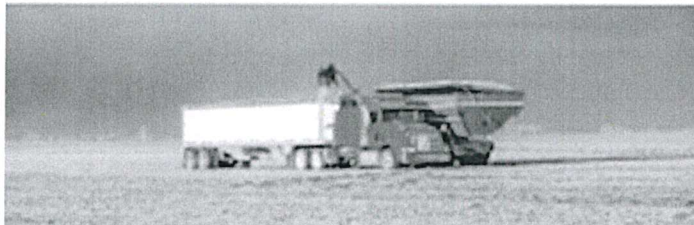


**PURDUE
UNIVERSITY.**

Extension

'GROW YOUR FARM' FRIDAYS

Developing Key Skills in Younger Crop Producers



Six sessions for producers working towards management responsibility

Join us in-person or virtually on Friday mornings

Jan. 21-Feb. 25, 2022

9:00-11:30AM Eastern

Register by January 20

<https://event.me/l7RdwB>

\$100 per person

For more information visit extension.purdue.edu/whitley

For reasonable accommodation to participate,
call 260-636-2111 prior to the program.

Locations

Dubois County 4-H Fairgrounds

4157 S. State Road 162

Huntingburg, IN 47542

Purdue Extension - Hancock County

802 Apple St.

Greenfield, IN

Kokomo Howard Public Library - S

1755 E. Center Rd.

Kokomo, IN 46902

Purdue Extension - Noble County

2090 N SR 9

Albion, IN 46701

Pinney Purdue Agricultural Center

11402 South County Line Rd.

Wanatah, IN 46390

Purdue Extension - Putnam County

12 Central Square

Greencastle, IN 46155

or join the virtual option

Sessions

Strategic Thinking for Farm Management

Pesticide Licensing & Safety, Diversification

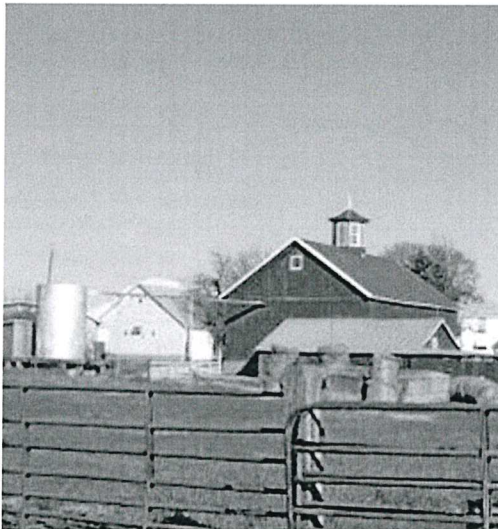
Grain Marketing & More

Corn & Soybean Production & Sustainability

Legal Considerations for Ag Production

Farm Resiliency & Growth - Farmer Panel

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So You've Inherited a Farm, Now What?

*This 2 session workshop will
explore the following topics:*

- Keep or sell the property, options and financial implications
- If keeping the land, how to manage
- Legal considerations
- If leasing, appropriate lease considerations
- Strategies for dealing with family and communication issues

Join us virtually

January 20 & 27, 2022

6:30-8:30 p.m. EST

Register by January 18

<https://cvent.me/a8NVYZ>

\$25/Person/Household/Farm

Program presented by the Purdue

Extension Land Lease Team


For more information or reasonable accommodation to participate, contact Kelly Heckaman at 574-372-2340 or kheckaman@purdue.edu prior to the program.

Lindsay B. Schmitt, Attorney at Law, Evansville

Farmer Scott Ozete Robinson & Schmitt LLP

Lindsay will join us to discuss the legal aspects & decisions to successfully inherit a farm for your family.

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Program adapted from Nebraska Extension  EXTENSION



"Making the healthy choice, the easy choice."

Erin Meyer, RD, CDE
Community Wellness
Coordinator



February is American Heart Month



Seven Strategies to Live a Heart-Healthy Lifestyle

- 1. Learn Your Health History.** Know your risks and talk to your family and doctor about your health history.
- 2. Eat a Healthy Diet.** Make healthy food choices like more fruits, vegetables, whole grains, lean meats, and low-fat dairy products. Eat less salt, saturated fat, and added sugar.
- 3. Move More, Sit Less.** Get at least 150 minutes of moderate-intensity aerobic activity every week, plus muscle-strengthening activities at least 2 days a week.
- 4. Quit Smoking.** Start your quit plan today! Take the first step and call 1-800-QUIT-NOW for FREE support.
- 5. Take Medicines as Directed.** If you take medicine to treat high cholesterol, high blood pressure, or diabetes, follow your doctor's instructions carefully. Always ask questions if you don't understand something. Never stop taking your medicine without talking to your doctor, nurse, or pharmacist.
- 6. Rethink Your Drink.** Substitute water for sugary drinks to reduce calories. If you drink alcohol, do so in moderation.
- 7. Monitor Your Blood Pressure at Home.** Self-measured blood pressure monitors (SMBPs) are easy and safe to use and your doctor can show you how to use one if you need help.

Learn more about keeping your heart healthy by visiting
www.cdc.gov/heartdisease/prevention.htm

Raise Healthy Eaters in the New Year

Ring in a new year by teaching kids the importance of food, nutrition and eating skills: food to fuel busy, successful lives; nutrition to nourish strong bodies and smart brains; and eating skills to enjoy the social aspect of meals with family and friends.

As with any part of raising children, no one does a perfect job with nutrition. As a parent, grandparent or adult caregiver, you can help to raise healthy eaters during these critical years by doing your best to:

- Serve regular, balanced meals and snacks with a variety of nutrient-rich foods.
- Provide calm, pleasant meal times where adults and children can talk together.
- Remove distractions such as television, phones and tablets so that your attention is on each other.
- Allow children to use their internal signals to decide how much and what to eat from the foods you set out for each meal.
- Explore a variety of flavors and foods from different cultures and cuisines.
- Share an appreciation for healthful food, lovingly prepared and shared with others.
- Make food safety, such as washing hands, part of every eating occasion.
- Teach basic skills for making positive food choices away from home.
- Find credible food and nutrition resources when you don't know the answer.

While this may seem like an intimidating to-do list, two family habits go a long way to making all this happen: regular family meals and involving kids in nutrition from the ground up.

Make Family Meal Times a Priority

- Sometimes a very simple act can have important, long-lasting benefits. According to parenting and health experts, that is exactly the case with family meal times. Eating and talking together helps to:
 - Foster family unity
 - Prevent behavior problems at home and school
 - Enhance academic success
 - Improve nutrition
 - Promote healthy weight for kids

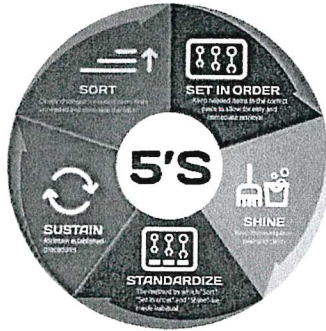
With that impressive list of benefits, it's worth making the time and effort to enjoy more family meal times each week. Look for easy ways to add just one family meal to the schedule. If evenings seem too hectic for family dinners, set aside time for a weekend breakfast or lunch. After a month or two of this new pattern, you can add another family meal each week. Before you know it, you will be eating together on most days.

Get Kids Involved in Nutrition

This one is fun for everyone and it can happen anywhere – your kitchen, the grocery store or a community garden. Every trip through the supermarket can be a nutrition lesson. Kids can learn to categorize food into groups: grains, fruits, vegetables, dairy and protein foods. They can choose new foods they want to try, including picking out a new fresh, frozen, canned or dried fruit each trip. As children get older, they can help plan the menu at home and then pick out the foods to match the menu items while shopping.

Nutrition is just one of many reasons to have a garden. The process of planting, watching over and harvesting a garden provides daily opportunities for children to learn valuable lessons and enjoy physical activity, while reaping the fruits (and vegetables) of their labor.

Reference: <https://www.eatright.org/food/nutrition/eating-as-a-family/raise-healthy-eaters-in-the-new-year>



Five S's of Lean

Each S represents one part of a five-step process used to improve business management, but it can apply to a home as well. It is meant to result in a workplace that is clean, uncluttered, safe, and well organized to help reduce waste and optimize productivity.

Such goals are critical for the home as well, so we suggest applying the same line of thought to the management of a home.

Below is a short summary of how you might apply each step to your decluttering efforts.

Sort – go through what you have within a particular space you want to declutter. It may be best to even remove everything from that space and determine whether it needs to be trashed, recycled, saved for future use but used in a different area, or re-stored in this location. If unnecessary items can be removed, that can save space, time, and energy.

Set in Order – so that what is located here is placed where it is in easy reach if it is used frequently or placed farther away if it is used less frequently. Items should, also, be located so that they can be set where one is not having to work across one's self. This could be influenced by whether you are right or left handed as to where some items might be located.

Shine – so the space is clean and neat. Items are stored so that harm does not come to them due to having too much or too small of space. Cleaning of that area is easily done after use has occurred.

Standardize – the location for each item so everything has a place ("home"). That way as an item is used there is no question as to where it needs to be placed. Containers, dividers, and folders are all examples which assist with this process. It systematizes everything that just happened and turns one-time efforts into habits. Think about only handling items once if possible.

Sustain - allows regular tasks to be assigned, schedules created, and instructions posted so these activities become routines. Keeping everyone in the household involved is important. This includes getting their own thoughts on the process.

NOTE: This is a cycle that continues. Your needs will change. Circumstances will change. Be on the lookout for ways your storage should be altered.



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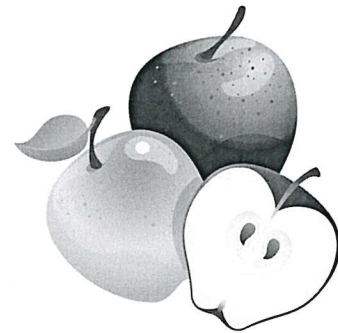
Apple Cinnamon Breakfast Bars

Makes: 8-10 squares

These Apple Cinnamon Breakfast Bars are easy, kid-friendly and full of protein and fiber. They make a healthy breakfast or snack and can be eaten on-the-go!

Ingredients:

- 4 Tablespoon butter, melted
- 1/2 cup peanut butter
- 1 teaspoon vanilla extract
- 3/4 cup milk
- 1/2 cup brown sugar
- 1 egg
- 2 teaspoon cinnamon
- 1 1/2 cup oats
- 1 cup flour
- 1 teaspoon baking soda
- 1 1/2 cup chopped apples



Directions:

In a bowl, combine the first 6 ingredients and mix well. Add remaining ingredients and stir until just combined. Spoon into a greased 9x9 pan and bake at 375 degrees for 20- 25 minutes.

TIP Be sure to chop your apples small. If you are worried your bars will be too crumbly, you can reduce the apples to 1 cup and add an extra egg.

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