

»»» ORANGE COUNTY «««

# PURDUE EXTENSION NEWS

Winter Edition 2023-2024



**ENROLL NOW!**  
[v2.4honline.com](http://v2.4honline.com)



## TOP NEWS OF THE MONTH

**MAKE 2024 YOUR YEAR TO... LEAP INTO 4-H!**

### »»» READ MORE

The 2023-2024 4-H Program Year is now in swing. It's not too late to **Get Enrolled for 2024!** 4-H enrollment is an easy 2-"hop" process. Be kept in the loop of all the opportunities and changes for the new programming year by enrolling now! Be sure to follow us on Facebook for our latest news and updates too at Purdue Extension- Orange County.

**ENROLLING IN 4-H IS EASY AS....**

### INSTRUCTIONS:

1. Complete enrollment via the 4-H Online Enrollment system-see website or call our office for help. **Hop** on over to [v2.4honline.com](http://v2.4honline.com)
2. Pay annual 4-H Program Fee  
\$0 for Mini 4-H (Grades K-2)  
\$15 for 4-H (Grades 3-12)



Extension - 4-H Youth Development



Purdue University is an equal opportunity/ equal access/ affirmative action institution.

# PURDUE EXTENSION 4-H NEWS

## ➤➤➤ 4-H YOUTH DEVELOPMENT ◀◀◀

Educator: Julie Carrell  
carrell@purdue.edu

## ➤➤➤ UPCOMING ORANGE COUNTY EVENTS



**PURDUE UNIVERSITY**  
Extension - 4-H Youth Development

**LEAP INTO 4-H**  
Make 2024 your year to "Leap" into 4-H!

**A 4-H New Member Orientation**  
(Open to all parents and youth currently in or interested in joining 4-H)

**FEBRUARY 29**  
6:00pm-8:00pm  
Orange County Community Center

Event Sponsored by:  
**GREEN ACRES AG INSURANCE, LLC**

**YOU CAN:**

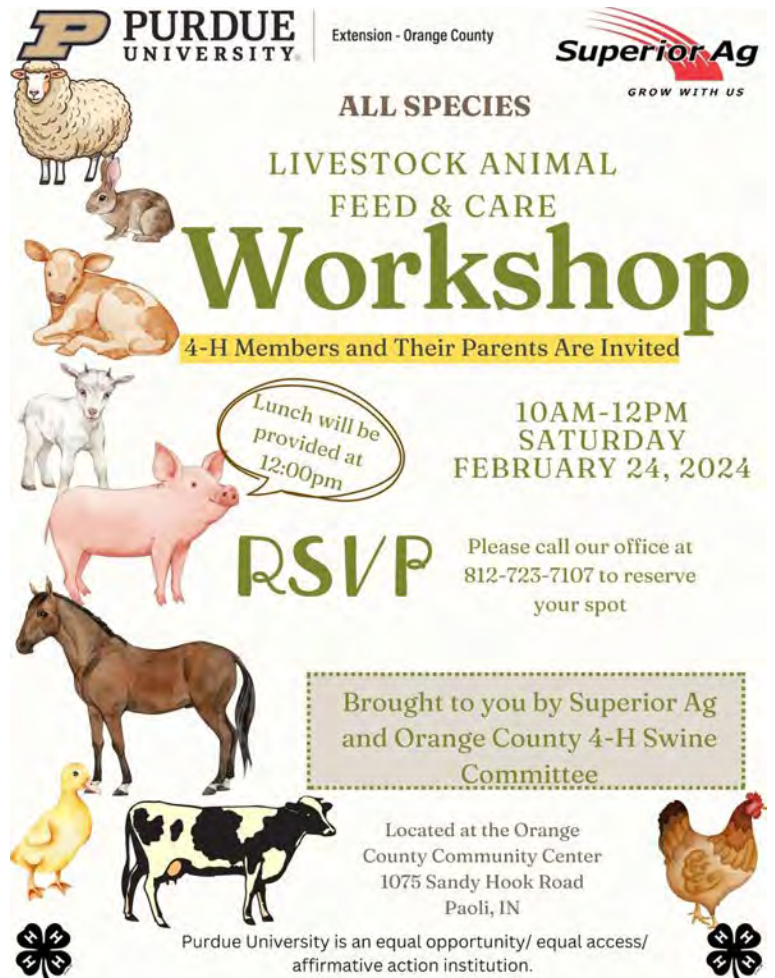
- Meet Club Leaders
- Learn About 4-H Projects
- Experience Hands-on Learning
- Ask Questions About 4-H
- Spin Our Prize Wheel
- Get Excited About 4-H
- Sign up for 4-H!

**EVENT WORKSHOP TOPICS:**

- Coding
- 3D Printing
- Electricity
- Trail Mix
- Games
- Greeting Cards
- and More!

**BOUNCE HOUSE FOR 4-H MEMBERS ONLY**

Purdue University is an equal opportunity/equal access/affirmative action institution.



**PURDUE UNIVERSITY** Extension - Orange County **Superior Ag**  
GROW WITH US

**ALL SPECIES**

**LIVESTOCK ANIMAL FEED & CARE**

**Workshop**  
4-H Members and Their Parents Are Invited

**RSVP** Lunch will be provided at 12:00pm

**10AM-12PM SATURDAY FEBRUARY 24, 2024**

Please call our office at 812-723-7107 to reserve your spot

Brought to you by Superior Ag and Orange County 4-H Swine Committee

Located at the Orange County Community Center  
1075 Sandy Hook Road  
Paoli, IN

Purdue University is an equal opportunity/ equal access/ affirmative action institution.

## PROMOTE 4-H IN ORANGE COUNTY ◀◀◀



**LOVE 4-H?**

Our office has yard signs available to show your Orange County 4-H spirit!

**4-H GROWS HERE**

**PURDUE UNIVERSITY** JoinIndiana4H.org



# PURDUE EXTENSION 4-H NEWS

➤➤➤ 4-H YOUTH DEVELOPMENT ◀◀◀

Educator: Julie Carrell  
carrell@purdue.edu

## ➤➤➤ ORANGE COUNTY JUNIOR LEADERS

BEING A JUNIOR LEADER ALLOWS YOUTH IN GRADES 7-12 THE OPPORTUNITY TO PROVIDE THEIR ADULT 4-H VOLUNTEERS WITH ADDITIONAL ASSISTANCE IN THEIR 4-H CLUBS AND RELATED ACTIVITIES. JR. LEADERS ALSO SERVE AS MENTORS AND ROLE MODELS TO THE YOUNGER 4-H MEMBERS BY SHARING THEIR EXPERIENCES WITH THEM. BEING A JUNIOR LEADER IN ORANGE COUNTY OFFERS OPPORTUNITIES TO MEET AND BETTER SERVE YOUR COMMUNITY.



**NEXT MEETING: TUESDAY 2/13, 5 PM AT FAIRGROUNDS BLOCK BUILDING**

## ➤➤➤ JUNIOR LEADERS AROUND THE STATE

**BANK HEIST**



**HERE'S WHAT YOU MISSED AT THE LAST MEETING!**

**4-H GROWING TOGETHER**

02/10/2024  
 WHEN??  
 10AM-5PM

WHERE?  
 208 S CHERRY STREET  
 CENTERPOINT IN 47840

WHO?  
 JUNIOR LEADERS  
 ADULT VOLUNTEERS

\$20 INCLUDES LUNCH

4-H GROWING TOGETHER PROVIDES AN OPPORTUNITY FOR ADULT VOLUNTEERS & JUNIOR LEADERS TO MAKE 4-H AND CLUB MEETINGS FUN. ADULT LEADERS CAN CHOOSE FROM A VARIETY OF SESSIONS THAT INCLUDE HANDS ON ACTIVITIES AND TAKE HOME MATERIALS. THERE WILL ALSO BE A ROUNDTABLE TO FACILITATE DISCUSSION BETWEEN ADULT VOLUNTEERS AND THE JUNIOR LEADERS. JUNIOR LEADERS WILL ATTEND AN ETIQUETTE SESSION AND THEN DEMONSTRATE THEIR NEWLY LEARNED SKILLS AT THE LUNCHEON WITH COMMUNITY MEMBERS AND 4-H VOLUNTEERS

**REGISTER NOW!**  
[HTTPS://GROWINGTOGETHER4HONLINE.COM](https://growingtogether4honline.com)

\*PURDUE UNIVERSITY IS AN EQUAL OPPORTUNITY/EQUAL ACCESS/AFFIRMATIVE ACTION INSTITUTION.\*

# PURDUE EXTENSION 4-H NEWS

➤➤➤ 4-H YOUTH DEVELOPMENT ◀◀◀

Educator: Julie Carrell  
carrell@purdue.edu

## ➤➤➤ IMPORTANT DATES

FEBRUARY 24 -  
ALL SPECIES  
WORKSHOP

FEBRUARY 29 -  
LEAP INTO 4-H

APRIL 26 -  
ANIMAL ID

MAY 15 -  
PROJECT DROP/ADD  
DEADLINE

MAY 15 -  
ANIMAL ID  
DEADLINE

JUNE 29 -  
PROJECT CHECK-  
IN/JUDGING

JULY 5 -  
ANIMAL  
CHECK-IN

4-H INC MEETS - 2ND MONDAY  
7PM BLOCK BUILDING

4-H COUNCIL MEETS - 4TH MONDAY  
6PM COUNTY COMPLEX



# SAVE THE DATE

## ➤➤➤ 4-H AROUND THE STATE

Indiana 4-H Day at  
the State House

February 13th  
8:30a.m. - 2:30 p.m.



### Area II Bus Trip to the State House

Clark, Crawford, Floyd, Harrison, Jackson, Lawrence, Orange, Scott, Washington



Bus Loading: 6:00-6:15 a.m. / Bus Unloading: 5:00-5:15pm

Walmart Scottsburg/1618 West McClain Ave, Scottsburg, IN 47170

- Register at: <https://2024Statehouse.4honline.com>
- \$20 per 4-Her
- 4-H Online registration now open. Closes January 15th.
- Must be in grades 7-12, and registered in 4-H to attend.
- Activities include statehouse tour, meeting with representatives, learning how state government works, and having the opportunity to serve as a student page!
- Register for the bus at <https://bit.ly/A2bus2024>
- **Additional Bus Fee \$40**

Limited Space  
Available! Sign Up  
Today!

Questions? Reach out to your local Extension Office





# PURDUE EXTENSION 4-H NEWS

➤➤➤ 4-H YOUTH DEVELOPMENT ◀◀◀

Educator: Julie Carrell  
carrell@purdue.edu

## ➤➤➤ UPCOMING PROGRAM

<p>Monday, March 11th 5-7pm</p>	<p>Monday, March 18th 5-7pm</p>	<p>Monday, April 1st 5-7pm</p>
---	---	--

*Spark into*



*The*

*Dark*

With Orange County 4-H as we dive into a SPARK Club series about the TOTAL Solar Eclipse that will occur on April 8, 2024  
FREE Solar Eclipse Glasses for attendees!

For more information & RSVP call  
Purdue Extension - Orange County  
812-723-7107

Purdue University is an equal opportunity/equal access/affirmative action institution.

## CAREER DEVELOPMENT EVENTS ◀◀◀

**CAREER DEVELOPMENT EVENTS (CDE) OCCUR THROUGHOUT THE STATE DURING DIFFERENT TIMES OF THE YEAR. MOST CDE'S OFFER INDIVIDUAL AND TEAM ENTRIES. THEY ARE COMPETITIVE EVENTS THAT ALLOW YOUTH TO SHOWCASE THEIR KNOWLEDGE ON A SPECIFIC TOPIC. IF YOU ARE INTERESTED IN CREATING OR JOINING A TEAM, PLEASE CONTACT JULIE CARRELL 812-723-7107.**

### CDE TOPICS INCLUDE:

- \*AGRICULTURAL EQUIPMENT DIAGNOSTICS PROGRAM
- \*CONSUMER DECISION MAKING      \* ENTOMOLOGY
- \* MILK QUALITY AND PRODUCTS      \* CROPS
- \*DAIRY CATTLE JUDGING      \* LIVESTOCK JUDGING
- \*FORESTRY      \* KITCHEN SKILLATHON
- \* HORSE JUDGING      \* HORTICULTURE
- \* LIVESTOCK SKILLATHON      \* MEAT JUDGING
- \*POULTRY JUDGING      \* SOIL JUDGING
- \*WILDLIFE HABITAT      \* HIPPOLOGY

# PURDUE EXTENSION AG NEWS

➤➤➤ AGRICULTURE & NATURAL RESOURCES ◀◀◀

## MEET THE Educator



### Favorite Things



### Fun Favorite Facts

Holiday - Christmas  
Color - Teal  
Coke or Pepsi - Coke  
Music - Country

*Julie Carrell*

carrell@purdue.edu  
(812) 723-7107

### About Me

My name is Julie Carrell and I am dedicated to the work of Purdue Extension because through the work we are able to provide the community research based information, that is practical for their benefit. Being in 4-H as a child, I have great memories of Purdue Extension, and want to give opportunities for the youth and families of Orange County the ability to grow and develop to their best potential.

### Education

- Bachelor's Degree, Agriculture Education, Minor of Horticulture, Purdue University
- Associates Degree, Agriculture Education, Vincennes University
- 5 year Ag Teacher/FFA Advisor, 2 year Extension through University of Minnesota
- 10 year IN 4-H Member, 4 year IN FFA member

## ➤➤➤ UPCOMING PROGRAMS

**SOUTHWEST INDIANA HOMESTEADING CONFERENCE**  
MARCH 9, 2024 - FRIEDMAN PARK EVENT CENTER  
2700 PARK BLVD NEWBURGH, IN 47630  
A gathering of homesteaders, home gardeners, suppliers and enthusiasts learning and growing together!

### Pre-Conference Food Preservation Workshop

Friday, March 8th, 2024 - 12pm-5pm

\$35 per person No Childcare Available

Topics include: Boiling water bath & pressure canning techniques, fermentation & pickling process, hands-on practice in the kitchen

### Main Conference

Saturday, March 9th, 2024 - Registration 7:30am, Sessions start at 8am

\$40 per person Childcare Available \$20 per child

Topics include: Vegetable Gardening, Fruit Gardening, Soils & Compost, Beekeeping, Farm Tools, Small Business Development Center, Poultry, Insects, Urban Agriculture, Cover Crops, Rainwater Storage, Food Storage and more!

Connect with like-minded individuals who share your passion for homesteading. Exchange ideas, stories, and build lasting connections with fellow homesteaders, creating a supportive network that extends beyond the conference.

Meet local and regional suppliers offering homesteading essentials, sustainable products, and tools to enhance your homesteading journey. Find the resources you need to turn your homesteading dreams into reality!

**REGISTER NOW [HTTPS://BIT.LY/SWIHC2024](https://bit.ly/SWIHC2024)**

EA/EO

Please request any additional accommodations at least 2 weeks prior to the event by calling 812-385-3491.



## AG WOMEN 2024 // ENGAGE CONFERENCE

**FEBRUARY 22, 2024**  
GRAND WAYNE CONVENTION CENTER  
FORT WAYNE, IN  
9:30-3:30 PM EST

Join us in Fort Wayne, IN on February 22nd as we learn how to better manage risk, enhance our farms and agribusiness operations, and network with other Ag women throughout Indiana.

This conference is designed to educate and uplift women involved in any aspect of the agricultural industry.

### KEYNOTE SPEAKER: AMANDA RADKE



Amanda Radke, a fifth-generation rancher from South Dakota who will be sharing "Plant & Prune the Family Ag Business to Reap a Bountiful Harvest." Together we will navigate dynamics of multi-generational family agriculture businesses.

### TO REGISTER OR FIND MORE INFORMATION, VISIT:

<https://ag.purdue.edu/department/extension/wia/conference.html>



### COME JOIN US!



#### NETWORKING

Share stories and chat with other women involved throughout the agriculture industry in Indiana and connecting states!



#### 18 EDUCATIONAL SESSIONS

Experts will share information throughout the day in 4 breakout session tracks. Livestock, Agribusiness, Finances, Mental Health, and other great topics are featured.



#### 2 GREAT PRE-CONFERENCE SESSIONS

Learn how to Transfer Your Farm's Legacy or Farm Accounting with Quicken in one of our Pre-Conference Sessions on February 21.

If you are in need of accommodations to attend this program, please contact Jenna Nees at (765) 653-8471 or [smith555@purdue.edu](mailto:smith555@purdue.edu) by February 13, 2024.

### REGISTRATION FEE:

\$100

### REGISTER BY:

FEBRUARY 13, 2024



Women in Agriculture

<https://ag.purdue.edu/department/extension/wia>

EA/EO



## ➤➤➤ AGRICULTURE & NATURAL RESOURCES ◀◀◀

Educator: Julie Carrell  
carrell@purdue.edu

### ➤➤➤ UPCOMING PROGRAMS



**PESTICIDE APPLICATOR TRAINING**

**PURDUE UNIVERSITY** Extension

Purdue University is an equal opportunity/equal access/affirmative action institution.

**Training for Private & Commercial Pesticide Applicator**

**Tuesday, February 13, 2024**  
Jackson County Community Foundation  
107 Community Drive  
Seymour, IN 47274

For more information or if you have any questions, please contact Richard Beckert at 812-358-6101 or rbeckert@purdue.edu.

- **Core Training**  
9:30am-11:30am
- **Cat 14-Agricultural Fertilizer Applicator**  
Noon-1:00pm
- **Cat 1-Agricultural Pest Management**  
1:00pm-3:00pm

- Cost \$50 for each session-Includes study guide
- Training will prepare participant to take certification exam.
- Certification Exams must be scheduled separately
- Registration and payment required by February 6th to guarantee training manual.

To register return the form below with payment, made payable to "Extension Education Fund":  
Jackson County Extension Office  
111 South Main Street Suite 10  
Brownstown, IN 47220

Name: \_\_\_\_\_  
Business Name: \_\_\_\_\_  
Street Address: \_\_\_\_\_  
City, State, Zip: \_\_\_\_\_  
Phone Number: \_\_\_\_\_  
Email Address: \_\_\_\_\_

Circle Training Choice    **CORE**    **CAT 1**    **CAT 14**



**Orange County Plat Books Now Available at Extension Office**

**\$25**



2023 Plat Book  
*Orange*  
County, Indiana

PURDUE Extension  
mapping solutions

COMING SOON ◀◀◀

**The Extension Office Staff will be HATCHING in March. We are looking for fertilized chicken, turkey, guinea, peafowl, and/or duck eggs to hatch. If you would like to donate to this project, please call our office to arrange a drop off date.**

➤➤➤ AGRICULTURE & NATURAL RESOURCES ◀◀◀

Educator: Julie Carrell  
carrell@purdue.edu

➤➤➤ UPCOMING PROGRAMS



**SAVE THE DATE**

**SOIL HEALTH WORKSHOP**

**MARCH 5TH, 2024**

ORANGE COUNTY COMMUNITY CENTER  
1075 SANDY HOOK RD STE 2, PAOLI, IN

**FOR MORE INFORMATION CONTACT THE**

**ORANGE COUNTY SWCD @ (812)723-3311 EXT. 3 OR  
ORANGESWCD@GMAIL.COM**



**Orange County Extension has  
Solar Eclipse Viewing Glasses  
available, provided by  
Orange County 4-H Council  
Limit 4 per household**







## »»» OPEN POSITION AT ORANGE COUNTY

**PURDUE UNIVERSITY** | Extension - Orange County

# WE ARE HIRING

**JOIN OUR TEAM**

### EXTENSION EDUCATOR - HEALTH & HUMAN SCIENCES/4-H YOUTH DEVELOPMENT

**Programming Responsibilities Include:**

- Identifying needs of the community and working with partners to develop a plan to produce programs for the community that showcase food, family, money, and health
- Working with community partners to develop and implement educational opportunities for youth that showcase science, citizenship, and healthy living. Alongside working with an active volunteer base for the local 4-H program

**Requirements:**

- Masters Degree preferred - Bachelors Degree accepted
- Minimum 2 years experience (if bachelors degree)
- Knowledge of basic educational methods
- Ability to work with diverse audiences

**Apply Online Today**

*Scan me*

<https://bit.ly/PaoliHHS4H>

Purdue University is an equal opportunity/equal access institution



## >>> NUTRITION EDUCATION PROGRAM <<<

Advisor: JJ Goldsberry  
jgoldsb@purdue.edu

### EAT SMART

## Chicken and Bean Burritos

Makes 6 servings | Serving Size: 1 burrito



**PURDUE UNIVERSITY** Extension - Nutrition Education Program

### Nutrition information

#### Per Serving

336 calories	
Total Fat	15 g
Saturated Fat	5 g
Protein	21 g
Total Carbohydrate	32 g
Dietary Fiber	8 g
Sodium	455 mg

Excellent Source of Vitamin A

Good Source of Iron

### Ingredients

- 6 whole wheat tortillas (12 inch)
- 1 cup cooked brown rice
- 2 cups cooked chicken, diced
- 1/2 cup Black Bean and Corn Salsa (page 7 in *Cooking with EFNEP*)
- 2 cups salad greens, coarsely chopped
- 1/2 cup cheddar cheese, shredded (or other cheese)
- 1 avocado, chopped

### Directions

1. Warm tortillas in oven following package directions.
2. Leaving 1"–2" of space from end of tortilla, divide ingredients and layer onto one end of 6 tortillas in the following order: rice, chicken, salsa, greens, and cheese.
3. Fold tortilla over filling, pressing gently so that filling moves down into the fold.
4. Wrap both right and left side ends of tortilla over fold.
5. Roll tortilla to close.

### MOVE MORE



## Movin' and Groovin'

Dancing is great for all ages. Toddlers love to move to the beat and sing along. Choose a fun song and get moving with your toddler. Young children and teens like to show off their moves, too. *What days will you dance with your kids this week?*

HEALTHY LIVING

