



Extension - Sullivan County

# Sullivan County Extension N.E.W.S.

[extension.purdue.edu/sullivan](http://extension.purdue.edu/sullivan)

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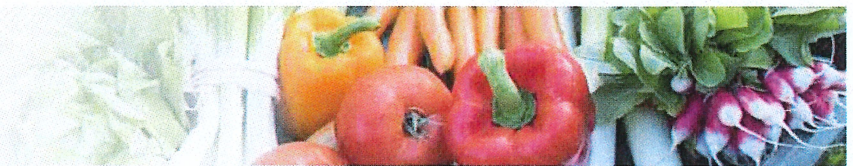
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# Purdue Extension FoodLink<sup>SM</sup>



For anyone who has ever stood in front of produce and wondered, “What is that?” or “What do I do with that?” Purdue Extension FoodLink<sup>SM</sup> is just for you! Scan the FoodLink<sup>SM</sup> QR codes on fresh fruits and vegetables to learn more about them, including how to select, prepare, and care for them.

You don't have to be a seasonal produce expert, but now you can get information fast from the experts at Purdue Extension. FoodLink<sup>SM</sup> is used all across the state of Indiana, and around the country! Go to <https://extension.purdue.edu/foodlink/>

Purdue Extension  
**FoodLink**  
[www.purdue.edu/FoodLink](http://www.purdue.edu/FoodLink)

## STRAWBERRY

**Types**  
Everbearing, day neutral, June-bearing

**Selection Info**  
Look for bright red, shiny strawberries that are firm. The caps should be attached and green. Avoid berries that are soft or mushy.

**Preparation**  
Do not wash strawberries until ready to eat. This video offers strawberry cutting tips. **Fresh:** Strawberries can be eaten fresh on cereal, yogurt or alone as a healthy snack. You can also add strawberries to salads to make a sweet, tangy addition.

**Macerate:** You can soften strawberries to make a sauce (macerate) for strawberry shortcakes, ice cream, or pancakes. To macerate strawberries, cut them to desired size, place in bowl, and mix in a little sugar. Let them sit on the counter for about two hours and you have a very nice syrup.

**Storage**  
**Short-Term Storage:** Refrigerate strawberries for 1 to 3 days. Wash just before use.  
**Long-Term Storage:** Strawberries are a great fruit for long term storage. They are most commonly frozen or made into jellies and jams.

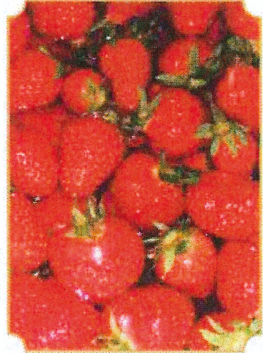

**LF** Looking for a source of fresh local fruits and vegetables??? ...  
Look here... [www.purdue.edu/foodlink/about.php](http://www.purdue.edu/foodlink/about.php)  
Funding provided by USDA Specialty Crop Block Grant  
Purdue University Cooperative Extension Service is an equal access/equal opportunity institution.

## STRAWBERRY BANANA SMOOTHIE

**Ingredients**  
1 cup soy milk  
1/2 cup 100% apple juice  
6 ounces plain yogurt  
1 medium banana  
1 cup strawberries

**Directions**

1. Add all ingredients to a blender or food processor.
2. Cover and blend on high speed until smooth (approximately 30 seconds).
3. Serve immediately.

Learn more about STRAWBERRY by scanning the QR code above or by visiting <https://www.extension.purdue.edu/foodlink/food/food-articles.php>

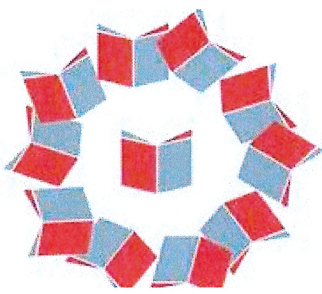
**f** Share your recipes!

**Nutrition Information**

Serving Size	1/2 of recipe
<b>Nutrients</b>	<b>Amount</b>
Total Calories	210
Protein	9g
Carbohydrates	42g
Dietary Fiber	4g
Total Fat	2.5g
Saturated Fat	0g
Cholesterol	0mg
Sodium	120mg

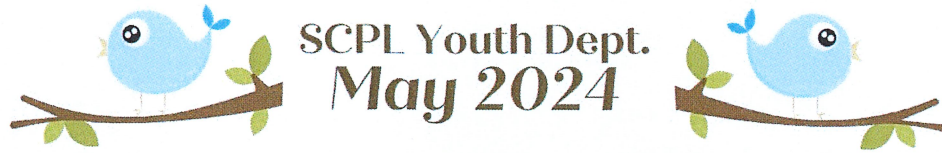
**P PURDUE UNIVERSITY** Extension








# SULLIVAN COUNTY

## PUBLIC LIBRARIES



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
28	29	30 	1 Bouncy Program Adoption Day 12-5 pm	2 Storytime 10:30 am Merom branch arts and crafts 3-4:5 pm Game Master Proving Grounds 5-6 pm	3	4
5	6 * Arts and Crafts 3:30 pm	7 Farmersburg Branch Lego activity 3:30 pm	8 Dyslexia Awareness Program 6-7 pm	9 Storytime 10:30 am D & D Guild 4 pm	10 Carlisle Branch Mother's Day Craft 3:30 pm	11 Carlisle Branch Mother's Day Craft 10 am
12	13 Mommy Meet-up 10:30 am * Arts and Crafts 3:30 pm	14 JR. BOOK CLUB 4 PM	15	16 Storytime 10:30 am Merom branch arts and crafts 3:45 pm	17	18 Nature Club 10:30 am 
19	20 * Arts and Crafts 3:30 pm	21 Farmersburg Branch arts and crafts 3:30 pm	22 Dugger Branch storytime 11:15 am	23 Storytime 10:30 am D & D Guild 4 pm	24	25
26 	27 Closed for Memorial Day	28 JR. BOOK CLUB 4 PM Sullivan Branch Summer Reading Program Kick-off 5-6:30 pm	29 Dugger Branch Summer Reading Program Kick-off 1-2 pm Carlisle Branch Summer Reading Program Kick-off 4-5 pm	30 Storytime 10:30 am Shelburn Branch Summer Reading Program Kick-off 1 pm Merom Branch Summer Reading Program Kick-off 4 pm	31 Farmersburg Branch Summer Reading Program Kick-off 1 pm	1

Follow us on Facebook!



Please call to register for these programs. 100 S. CROWDER ST. SULLIVAN, IN 812.268.4957. WWW.SULLIVAN.LIB.IN.US



**ADVENTURE**  
— BEGINS AT —  
**YOUR LIBRARY™**

**Summer Reading Program 2024**  
May 28th-July 5th

**Branch Kick-off Schedule**

- Sullivan- May 28th @ 5 pm
- Dugger- May 29th @ 1 pm
- Carlisle- May 29th @ 4 pm
- Shelburn- May 30th @ 1 pm
- Merom- May 30th @ 4 pm
- Farmersburg- May 31st @ 1 pm




### Indiana Extension Homemakers Association Sullivan County president's message

We received 19 copies of the book "Too Many Pillows" for our First Books program, donated to us by Purdue Early Achievement Research Labs.

Homemaker members attended the Spring District meeting in Owen County in late March. It included a good lessons presented by our County Extension Educators

about Dementia. There was a successful silent auction for the first time.

Work on the food stand at the fairgrounds is progressing. New insulation was sprayed in on April 24 to make way for putting up new walls.

— Becky Cole



# Clover Monthly May 2024

Sullivan County 4-H monthly communication for 4-H members, families, leaders, fair board, and council.

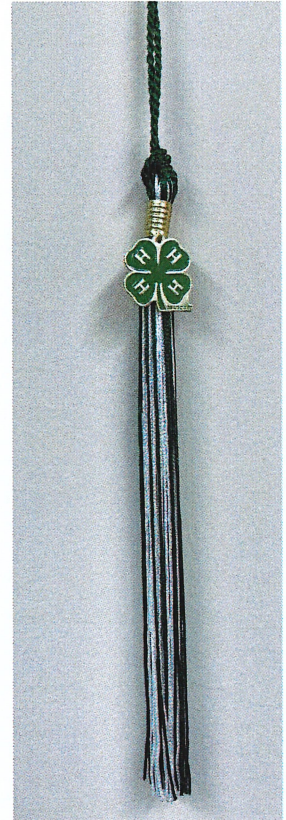
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## Congratulations 2024 Seniors!

Gewndolyn Anderson*	Makayla Hitt*
Tatum Baim	Corbyn Irwin*
Andrew Baker*	Ella King*
Taylor Barker*	Benjamin McKinley*
Genevieve Brooks*	Halley Morris*
Gideon Brooks*	Isabelle Norris
William Brooks*	Caroline Page*
Jacob Chastain*	Hunter Pirtle*
Jonathon Coulson*	Arlo Rambis*
Kyra Cox*	Chelsea Scarbrough*
Maggie Danko*	Jaylee Snow*
Lexis Drake*	Adelyne Stefancick*
Houston Ferree*	Gretchen Swick*
Sarah Francis	Carol Witt*
Kelsey Fry*	Javyn Woodard*
Kaycee Gofourth*	Reese Wyndham*
Emmakate Hedden*	



All 2024 Seniors please stop in the Extension office before May 17 to pick up your 4-H tassel.



\* Denotes 10-year 4-H members

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## You can still register for 4-H!

Until May 15, you can still sign up for 4-H! Go to [v2.4honline.com](https://v2.4honline.com) to enroll in 4-H. Call the Extension office if you have questions: 812-268-4332. To apply for financial assistance with the \$15 enrollment fee, contact Cheryl Casselman at [ccassel@purdue.edu](mailto:ccassel@purdue.edu) or 812-268-4332 and she'll be happy to guide you.

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## 2024 Project Guideline Changes

The 2024 4-H Handbook is on the Purdue Extension Sullivan County website: [extension.purdue.edu/sullivan](https://extension.purdue.edu/sullivan). Please be sure to review your project guidelines to make sure you're meeting all the requirements of your project. Projects that have changes for 2024 are:

Aerospace: Rockets/Drones, Bowling, Communications, Electric, Garden, Genealogy, Swine, Photography, and Woodworking. Foods Baked and Foods Preserved have a newly revised recipe card.

*Purdue University is an equal opportunity/equal access/affirmative action institution.*



## Important dates

Add/drop 4-H project deadline: May 15

Animal ID deadline: May 15

4-H Band state event: June 22-24, 2024. Registration deadline May 1

4-H Chorus state event: June 22-24, 2024. Registration deadline May 1

4-H Camp: June 9-13, 2024 at Shakamak State Park. Registration deadline May 10.

Academy: June 12-14, 2024 at Purdue. Registration deadline May 15

4-H Round-Up: June 24-26, 2024 at Purdue. Registration deadline June 1

FairEntry deadline: June 15

Sullivan County Fair: July 13-20, 2024

State Fair: Aug. 2-18, 2024

Indiana 4-H Leadership Summit: Oct 21, 2024

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## Indiana 4-H Quility Livestock Care

To exhibit **BEEF CATTLE, DAIRY CATTLE, SWINE, SHEEP, MEAT GOATS, DAIRY GOATS, POULTRY, and RABBITS**, 4-H members must be certified through the Indiana 4-H Quality Livestock Care training OR the online Youth for the Quality Care of Animals program (YQCA). This certification must be done an annual basis Members must be registered BEFORE attending a training Members may attend any training dates listed OR a training in another county OR complete the online YQCA training.

Monday, 5/20/24 4:30 pm Sullivan County 4-H Fairgrounds

Wednesday, 6/5/24 1:00 pm Sullivan County 4-H Fairgrounds

Register for classes on events at [www.v2.4honline.com](http://www.v2.4honline.com). Cost is \$3 at the door.

Those planning to be certified through the YQCA program will register at [www.yqcaprogram.org](http://www.yqcaprogram.org) and will present their completion certificate to their 4-H Educator.

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## 4-H Blacksmithing Schedule

May 6 (Monday) 5:00-8:00

May 20 (Monday) 5:00-8:00

June 3 (Monday) 5:00-8:00 (Last workshop before the fair!)

Please note: all meetings will be held at Bob Hunley's blacksmith shop unless specified otherwise. The address is 258 N. Co Rd. 800 E., Sullivan, IN 47882, (North of Dugger).

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## 4-H Dog project

Dog workshops will be every Monday at 5 p.m. with your dog in the show arena at the Sullivan County 4-H Fairgrounds. Dog Project Superintendent Jill Snyder: 812-798-0554.



# 2024 4-H Club Meeting Schedules

## Curry Nomads

Club Leaders:

Corrina Houser 812-607-0880

Kailee Cloutier 812-240-5759

All meetings are at Shelburn American Legion (824 N Washington St, Shelburn) 6-7:30pm

May 7 & 23

June 2 & 20

July 2 & 20

October 19

## Cass Champs

Club Leaders:

Patti Brenden 812-699-9912

Kerri Shreve 812-798-1486

Meetings are at 6:30 pm, Dugger Community building-  
May 1

June 17

## Gill Go-Getters

Club Leaders:

Melissa Stearley: 812-454-3518

Donna Brooks: 812-564-0174

May 13

June 3

July 1

Meetings are at the 4-H Building in New Lebanon at 6 pm.

## Haddon Blue Ribbon Hustlers

Club Leaders:

Shane Monroe: 812-691-0698

Trisha Deckard: 81-249-0488

Rick Monroe: 812-691-0821

Meetings are 7pm at the Carlisle Community Building

May 21

June 18

July 9

## Old Oak/Old Hickory

Club Leaders:

Ashley Hauser 812-239-4576

Christy Scott 812-244-9709

All meetings are 6-7pm at the Hymera Ruritan

May 2

June 6

July 1

## Grand Champion Sycamores

Club Leader:

Kennedy Gofourth 812-239-0056

Club meetings will be the last Thursday of every month at 6 pm in the 4-H Building unless otherwise stated on the club Facebook page.

May 30

June 27

## Turman Lads and Lassies

Club Leaders:

Robin Rice 765-366-6842

Ann Hitt 812-890-6169

Wednesday 5/15 6:00 pm @ the church in Graysville

Sunday 6/9 3:00 @ the church in Graysville

Sunday 6/30 3:00 @ the church in Graysville

## Super Champs

Club Leader: Pam Irvin 812-564-0113

Meetings are 7-8 pm at the 4-H Building

May 13

June 10

July 1

## Mini 4-H

Club Leaders: Carie Baker & Ashlee Myers

No May meeting. June meeting date TBD.





The 104th state 4-H Round-Up is June 24-26 for youth who have completed grades 7, 8 or 9.

It's three days of fun and learning with activities focusing on discovering and being yourself.

The conference will help you learn about career and educational opportunities, develop leadership abilities and stimulate individual growth.

State 4-H Youth Round-Up is a great place to develop valuable skills, make new friends, see top-notch 4-H entertainers and more.

You'll live and learn in Purdue University residence halls and classrooms and enjoy a wide ar-

ray of opportunities across campus.

You can choose from a wide range of action-packed Career Exploration Day classes offered by various schools of study at Purdue and from different organizations within the community.

### WHY ATTEND 4-H ROUND-UP?

One of the main reasons for attending 4-H Round-Up is to have fun! But keep in mind that other objectives for Round-Up are to:

- learn new ideas and techniques;
- experience in-depth “action learning” in specific interest areas;
- develop leadership abilities and stimulate individual growth;
- have enjoyable experiences by participating in leisure activities and meeting new people.

Registration is to be completed through [v2.4honline.com](http://v2.4honline.com) by May 15. Cost is \$250 and Sullivan County 4-H Council pays half. Contact your county Purdue Extension office indicating interest in participating so they can provide 4-H Online registration instructions.

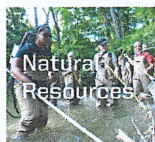


**4-H Academy**  
@ Purdue University  
June 12-14, 2024

At 4-H Academy, high school students visit Purdue University to interact with faculty and industry professionals and meet new friends from across Indiana.

Contact your county's Purdue Extension 4-H Educator before May 15 to register.

To learn more, visit [bit.ly/in4hacademy](http://bit.ly/in4hacademy)



An equal access/equal opportunity university.



## 4-H Camp June 9-12 at Shakamak State Park

We'll be camping with 4-H members from Daviess, Owen, Sullivan, and Vigo County.

Open to 4-Hers in grades 3-6.

Sign up in [v2.4honline.com](http://v2.4honline.com) (events) by May 10.

Payment must be made at the Sullivan Extension office.

Letters with instructions on how to sign up were mailed to eligible 4-Hers in early April.

Questions:  
812-268-4332.





**2024 Indiana 4-H Animal Identification**

The following table lists the different animal species and the respective form of identification that is required for a 4-H member to be eligible to show in the 4-H livestock shows at the 2024 Indiana State Fair. The animal ID information must be entered in the Indiana 4-H Online enrollment system by the respective deadlines. Missing, incomplete or incorrect animal ID information could result in state fair ineligibility for that particular animal.

	For State Fair	For Sullivan County Fair	Deadline
Beef and Dairy Beef Steers	840-RFID Tag and 5-digit County Tag and DNA Hair Sample	840-RFID Tag and 5-digit County Tag	May 15
Commercial and Market Heifers and Dairy Feeder	840-RFID Tag and 5-digit County Tag and DNA Hair Sample	840-RFID Tag and 5-digit County Tag	May 15
Beef, Registered Heifers	840-RFID tag and Tattoo and DNA Hair Sample	840-RFID tag and Tattoo	May 15
Dairy Cattle	840-RFID tag and animal's registered name and registration number (or dam's registration number) and DNA Hair Sample	840-RFID tag	May 15
Dairy Goat Females, Registered	Breed Registry Tattoo	Breed Registry Tattoo	May 15
Wethers	5-digit County Tag or Tattoo	5-digit County Tag or Tattoo	
Meat Goat			May 15
Meat Goat Wethers	840-RFID Tag and 5-digit County Tag and DNA Hair Sample	5-digit County Tag or Tattoo	May 15
Boer Goat Females, Registered	Breed Registry Tattoo and DNA Hair Sample	Breed Registry Tattoo	May 15
Market Goat Does (Wether Dams)	840-RFID Tag and 5-digit County Tag and		
Pygmy Goats Registered	Breed Registry Tattoo or Microchip that Matches Registration Papers	Breed Registry Tattoo or Microchip that Matches Registration Papers	May 15
Unregistered	Official USDA Scrapie Tag or Official Scrapie Tattoo	Official USDA Scrapie ID or 5-digit County Tag	
Horses and Pony	Color Picture	Color Picture	May 15
Llama and Alpaca	Color Picture	Color Picture	May 15
Sheep			May 15
Market Lambs	840-RFID Tag and 5-digit County Tag and DNA Hair Sample	5-digit County Tag	
Commercial Ewes	840-RFID Tag and 5-digit County Tag/or official scrapie tag and DNA Hair Sample	5-digit County Tag	
Registered Ewes	840-RFID Tag and ID that matches registration Papers and DNA Hair Sample	ID that matches Breed Registration Papers	
Swine	840-RFID Tag and Ear Notch and DNA Hair Sample	840-RFID Tag and Ear Notch	May 15





## Animal Identification

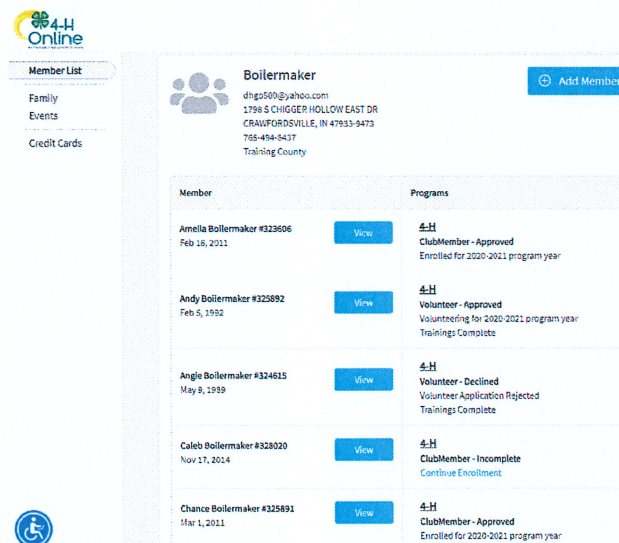
4-H members (Grades 3 – 12) must identify all Beef and Dairy Cattle, Goats, Horses, Llamas, Sheep and Swine in the 4-H Online system by the species deadline or earlier county deadline if applicable to be eligible for exhibition.

- Beef and Dairy Beef Steers, Beef Heifers, Beef/Dairy Feeder Calves, Dairy Cattle, Goats, Horses, Llamas, Sheep, and Swine must be entered into 4-H Online no later than May 15, 2024.

## Animal Identification in 4-H Online

Please complete the following steps to identify your livestock in the 4-H Online system.

1. Login to your family profile at: <https://v2.4honline.com> using your family email address and password associated with your 4-H enrollment record.
  - a. If you have forgotten your password, please use the 'Reset password' option on the 4-H Online login page, and you will be sent a new temporary password.
  - b. If you have forgotten your family email address or turned in a paper 4-H enrollment form, please contact your local Purdue Extension Office for assistance.
2. Click View next to the Member's record for whom you would like to add an animal




The screenshot shows the 4-H Online interface. On the left is a navigation menu with 'Member List' selected. The main content area shows a profile for 'Boilemaker' with contact information and an 'Add Member' button. Below this is a table with two columns: 'Member' and 'Programs'. The table lists five members with their IDs, birth dates, and program statuses.

Member	Programs
Amelia Boilemaker #323606 Feb 18, 2011	4-H ClubMember - Approved Enrolled for 2020-2021 program year
Andy Boilemaker #325892 Feb 5, 1992	4-H Volunteer - Approved Volunteering for 2020-2021 program year Trainings Complete
Angie Boilemaker #324615 May 9, 1999	4-H Volunteer - Declined Volunteer Application Rejected Trainings Complete
Caleb Boilemaker #328020 Nov 27, 2014	4-H ClubMember - Incomplete Continue Enrollment
Chance Boilemaker #325891 Mar 1, 2011	4-H ClubMember - Approved Enrolled for 2020-2021 program year

3. Click Animals in the navigation pane.
4. Click the blue "Add an Animal" button. (even if you have previous year animals that can be registered again, click "Add an Animal")



The screenshot shows the navigation menu on the left side of the 4-H Online interface. The menu items are: Member List, Profile, Events, 4-H (highlighted), Enrollment, About You, Activities, Animals (highlighted), Awards, and Clubs.



The screenshot shows the 'Animals' page in the 4-H Online system. The page has a blue '4-H' button in the top left, a dropdown menu for the year '2020-2021' in the top right, and a large green 'Animals' button in the center. Below the button, it says 'No Animals Registered.' and there is a blue 'Add an Animal' button in the bottom right corner.

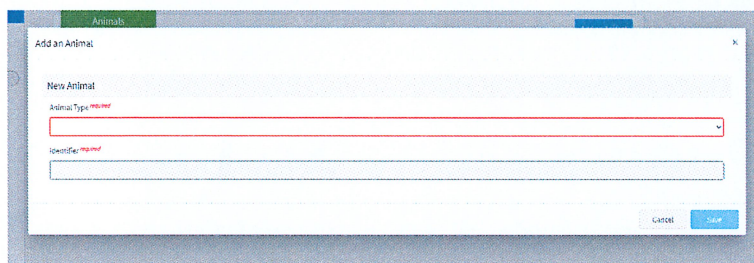
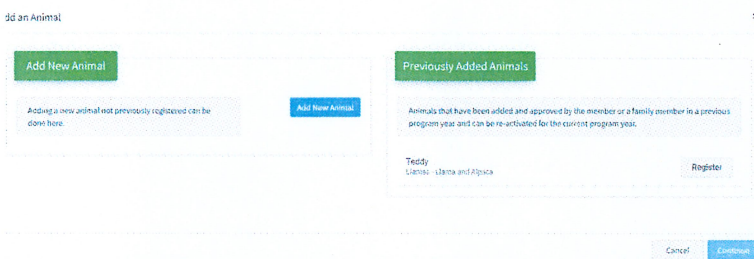




- Click on "Add New Animal" to start adding a new animal or if you have animals that carry over from the previous year you "Register" those. Animals that can be registered from previous years **must be REGISTERED** every year by completing this step. You cannot select a previous year and assume they are there. Animals that carry over are Dairy Cattle Females, Horse&Pony, Llama&Alpaca, Dairy Goat Females, and Pygmy Goats (move onto step 9 if registering previous animal).
- Select the appropriate animal type from the drop-down menu.
- Enter the required Tag, Tattoo, or Animal Name as directed for the first step that will then allow you to proceed to the remaining identification process. (see Key) →
- Click Save.

### Key

Animal Type	Required Identifier	What do I put in this field?
Beef and Dairy Beef Steers	Tag	5-digit County Tag
Commercial and Market Heifers	Tag	5-digit County Tag
Beef Cow-Calf Pair	Tag	Calf's tag
Beef Feeder Calves	Tag	5-digit County Tag
Beef Registered Heifers	Tattoo	Tattoo
Dairy Feeder Steers	Tag	5-digit County Tag
Dairy Cattle Females	Animal Name	Animal's name
Dairy Goat Females	Tattoo	Tattoo
Dairy Goat Wethers	Tattoo	Tattoo or NA (if not applicable)
Meat Goats	Tattoo	Tattoo or NA (if not applicable)
Pygmy Goats	Tattoo	Tattoo, Microchip, or Scrapie ID
Horse and Pony	Animal Name	Animal's name
Llama and Alpaca	Animal Name	Animal's name
Sheep	Tag	5-digit County Tag or Scrapie ID (commercial ewes) or registration number (breeding ewes)
Swine Barrows	Tattoo	Earnotch (Pig's Right Ear-Pig's Left Ear)
Swine Gilts	Tattoo	Earnotch (Pig's Right Ear-Pig's Left Ear)



- Read the on-screen instructions for Animal ID requirements for County Fair and Indiana State Fair Exhibition.
- Click on the button "Show Questions" after reading the instructions.
- Required fields are indicated, but be sure to complete all other visible fields as applicable.
- Click next once completed. If animals have been carried over, the ID information will already be there.
- Upload any files if required or necessary for the particular Animal type. For animals that are carried over, new photos and files must be uploaded each year.
- Click next once completed.
- Review the entered information. Use the Back button at the bottom of the page to return to the previous screen to make corrections if needed.
- Once the entered information is correct and reviewed, click the Submit button.
- The animal information will display on the screen with the status, created, modified, and submitted date and time stamp (local time). You will also receive a confirmation email upon submission.
- To add more animals for the same member repeat steps 3-17. To add animals for another member return to the Member List and View another member.

**\*\*Note\*\*** Members are able to edit Animal ID information until the species specific Animal ID deadline of **May 15, 2024**. Click on the Animals tab from your account at any time to view the status for all of the animals for a member in the family.

## Family Enrollment of Animals

Animals are automatically co-enrolled within the same family (Siblings and step-siblings). The animals may be identified under a single 4-H member in 4-H Online and be exhibited by a different sibling listed in the same family profile. **With this capability in 4-H Online, animals do not need to be entered under each 4-H member in the family.** The exhibit management program will allow a member to select to exhibit any animal identified by the family in 4-H Online. It is suggested that at least 1 animal be identified by each member enrolled in the project.



# 10 Year 4-H Member Fun Facts

## Will Brooks



Parents: Rob & Susan Brooks

Siblings: Nick Brooks

Pets: Dog, Jack

4-H Club: Haddon Blue Ribbon Hustlers

College: Western Kentucky University

Future Job: Undecided

Favorite Candy: Skittles

Favorite 4-H Project: Welding

Disaster Project: Models

Most Fun Memory: 4-H Camp

Advice: Don't wait until July to start your projects.

Why/love 4-H: It has given me a chance to try new things and be with my friends.

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## Gretchen Swick

Parents: Kenny and Tara Swick

Siblings: Noah Robb and Josiah

4-H Club: Lads and Lassies

College you want/will go to? Indiana State University

Future job: CRNA

Favorite candy: Reece's

Favorite 4-H project: Rabbit

Your disaster (worst experience) project: scrapbooking

Most fun 4-H memory: hanging out with my friends all week

Best advice for first year members: Don't burn yourself out

Why do you love 4-H? It has given me so many memories I will have for a lifetime

