





Extension

## **PRESENTS**

Mental Health FIRST AID from NATIONAL COUNCIL FOR MENTAL WELLBEING

## WHY MENTAL HEALTH FIRST AID?

- Mental health issues are common. - Like CPR, it's good to know what to do when someone is in crisis. - You can raise awareness and reduce stigma. - Open to any adult eager to learn.

DAY LONG SESSION ADVANCED SIGN- UP AND PRE- WORK REQUIRED **COST WILL BE ASSOCIATED WITH THIS PROGRAM** 

For more information contact Purdue Extension Scott County 812-752-8450

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