

# March Meal Kit Supply List

## Meat

- 6 large slices of bacon, about 6 oz

## Canned/Jarred

- Optional 1 can mandarin oranges

## Dairy/ Refrigerator Section

- 1 single crust pie crust, store bought or homemade (see recipe below)
- 5 eggs
- 1 1/2 cups milk
- 1 1/2 cups grated Swiss cheese, about 6 oz
- 2/3 cup fresh or store-bought orange juice
- 1/3 cup fresh or store-bought lemon juice
- 1/2 cup unsalted butter, frozen
- 1/2 cup heavy cream or buttermilk (plus 2 tablespoons for brushing)

## Produce

- 1/2 teaspoon grated orange zest
- 1/2 teaspoon grated lemon zest
- For fruit salad: choose fruit you enjoy and that is available in your area. Fresh or canned fruit may be used.

## Spices/Baking

- 2 tablespoons olive oil
- 1/4 teaspoon nutmeg
- 1/3 cup packed brown sugar
- 2 1/2 teaspoons vanilla extract
- 2 1/2 cups all-purpose flour
- 1/2 cup granulated sugar
- 2 1/2 teaspoons baking powder
- Salt and pepper

## Shopping List (Optional Items: not included in kit)

### For the scones, add-ins and optional ingredients include:

- 1-1 1/2 cups add-ins such as chocolate chips, berries, nuts, fruit, etc
- Optional: 1/2-1 teaspoon ground cinnamon, coarse sugar, and toppings such as vanilla icing, salted caramel, lemon icing, maple icing, brown butter icing, lemon curd, orange icing, raspberry icing, dusting of confectioners' sugar

### If making homemade pie crust you will need the following ingredients and omit store bought crust from above.

- 12 tablespoons (1 1/2 sticks) very cold unsalted butter
- 3 cups all-purpose flour
- 1 teaspoon salt
- 1 tablespoon sugar
- 1/3 cup very cold vegetable shortening

### If making Sausage Potato Hash, items needed:

- 1 lb Italian sausage
- 3 large potatoes, peeled and cubed
- 1 small onion, chopped
- 1/2 red bell pepper, chopped
- 1/2 green bell pepper, chopped
- 3 cloves of garlic, minced
- 1/4 teaspoon red pepper flakes

