

PURDUE
UNIVERSITY.

Extension
LAKE COUNTY

CLOVERBUDS



MINI 4-H HANDBOOK

**Kindergarten
First Grade and Second Grade**

THIS 4-H HANDBOOK BELONGS TO:

NAME: _____

ADDRESS: _____

PHONE NUMBER: _____

CLUB: _____

CLUB LEADER: _____



LAKE COUNTY 4-H PROGRAM GENERAL INFORMATION

The Lake County and Indiana 4-H Program have established and maintained a heritage of educational youth development. This heritage is vital to the lives of 4-H members both now and in the future. In order to promote the confidence Hoosier citizens have placed in 4-H, certain standards of behavior need to be maintained. Subsequently, this document has been designed to identify those standards with regard to the Lake County 4-H programs. Lake County 4-H policy is determined by the Lake County 4-H Club Committee, Inc. under the auspice of the County Extension Board. The Lake County 4-H Club Committee, Inc. uses advice from Extension Educators, 4-H Leaders, State 4-H staff, and/or other interested persons in the County 4-H program. Opportunities in the 4-H program are available to all Indiana youth regardless of race, religion, color, sex, national origin, marital status, parental status, sexual orientation or disability.

THE LAKE COUNTY FAIR

The 4-H Program, Lake County Agricultural Society, the Lake County 4-H Club Committee, Inc. and the Cooperative Extension staff may not be held responsible for the safety of exhibits. Nor will they be liable for losses or damage sustained due to vandalism, theft, weather, fire, accidents, or any other cause. Exhibitors wishing to insure themselves, or their belongings, may do so at their expense. The entries are subject to all rules and regulations of the Lake County Agricultural Society and the Lake County 4-H Program.

SAFETY POLICY FOR 4-H

Lake County and Purdue University Youth Development seeks to further its educational mission for the youth of Lake County by encouraging youth to participate in non-formal educational opportunities that are appropriate and safe for, and promote the mental, physical, and social developmental skills of, the individual youth. No youth will be allowed to participate in any 4-H activity where it is determined by the on-site educator or volunteer that such participation could compromise the safety of that participant, observers, and/or animals.

- a) No child shall participate in 4-H activities which require the child to perform in a manner that is too advanced for his/her development.
- b) If the guidelines are not followed for a particular event or activity, then such event or activity shall not be considered to be a 4-H event and shall not be under the auspices of 4-H educators or covered by Purdue University.

Mini 4 – H Exhibit Label

Name:

Club:

Grade:

Project:

Mini 4 – H Exhibit Label

Name:

Club:

Grade:

Project:

Mini 4 – H Exhibit Label

Name:

Club:

Grade:

Project:



**Purdue University
Cooperative Extension Service**
2293 N. Main Street
Crown Point, IN. 46307
219-755-3240
FAX 219-755-3251
www.extension.purdue.edu/lake

**Purdue Extension – Lake County
4-H Youth Development Staff**

Extension Educators	Jennifer Haynes
	Julie Jones
4-H Secretary	Roz Adams
Office Manager	Anita Brown
County Extension Directors	Rita Gillis

Office Hours
Monday – Friday
8:30 A.M. – 4:30 P.M.
Closed Holidays



4HOnline : <https://in.4online.com>
Enroll in clubs. Log in with family e-mail and password.
Facebook: Purdue Extension-Lake County 4-H

Log-In to find out about current events and announcements



Pledge to the Flag

I pledge allegiance to the Flag of the United States of America and to the Republic for which it stands, one Nation under God, indivisible with liberty and justice for all.



The National 4-H emblem is a four-leaf clover with the letter "H" on each leaf

4-H Pledge

I pledge my **HEAD** to clearer thinking,
my **HEART** to greater loyalty,
my **HANDS** to larger service,
and my **HEALTH** to better living,
for my club, my community,
my country, and my world.

4-H Motto

"To Make the Best Better"

4-H Colors

Green and White

Green: Represents life, youth and growth

White: Represents purity and high ideals

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WHAT IS A CLOVERBUD?

Cloverbuds are 4-H members who are in grades Kindergarten, First Grade and Second Grade.

Cloverbud members and their family work together to do activities and complete projects.

Cloverbuds are not required to attend meetings, although most members belong to an established 4-H club. Contact the 4-H extension to find a club.

Cloverbuds are encouraged to attend special "fun" days held by the Cloverbud leaders throughout the year. These special days will have planned learning activities that are filled with games, crafts, and fun group activities. Information on these special days can be found in the footnotes and website.

Cloverbuds will have projects exhibited in the 4-H building during the Lake County Fair. Projects brought to our non-competitive judging remain in the building until the end of the fair. If the project is fragile or perishable it will be asked to be taken home and a picture will be put on display instead.

HOW DO I JOIN CLOVERBUDS?

New members are welcome! You can enroll online at: in.4Honline.com or contact the Extension Office at 219-755-3240 for a paper enrollment form. The Extension Office can also assist you in finding a 4-H Club.

HOW TO MAKE YOUR PROJECT READY FOR THE FAIR

NOTES

Cloverbuds are encouraged to use their imagination and do activities they have an interest in.

- **HOW MANY PROJECTS?** - Cloverbuds can do one or more than one of the projects listed in the handbook.
- For judging they can do an activity that is listed in the handbook or one they come up with on their own.
- If a **POSTER** is being displayed, we ask for it to be 11" X 14" and to be displayed horizontally, with stiff backing and clear plastic covering. Other projects can be covered for protection too.
- **EXHIBIT LABEL** - all projects will need an Exhibit Label attached to the lower right corner of the project. These labels can be found at the back of this pamphlet.
- **NON-COMPETITIVE JUDGING** - The completed project will not be judged against other Cloverbuds, instead it will be discussed with a judge. A ribbon will be given for each completed project

Mini 4-H Projects

Arts & Crafts

Collections

Crochet or Knit

Dinosaurs

Farming and Farm Animals

Foods

Forestry

Health & Safety

Helping Mom & Dad

Insects

Lego/Models

My Pet & Me

Plants & Flowers

Reading Together

Sewing or Weaving

Sun, Stars & Space

What's in the Ocean

WHAT'S IN THE OCEAN



Dive deep into the depths of the ocean to find something fun and interesting!

Options to exhibit at the fair.

- Make a poster or booklet to exhibit. Include at least 2 animals that live in the ocean. Include a picture, its name and interesting facts about your animal.
- Using a shoe box build an ocean diorama.
- Choose a species (Whales, Dolphins, Sharks) and make a booklet or poster on it. Include type, name, size, and weight.
- Make a model of your favorite ocean animal (12" X 12" or less)

****Remember posters are 11" X 14" and displayed horizontally. Please attach your Exhibit Label to the lower right hand of your project.**

ARTS & CRAFTS

(There is a wide variety of projects that can be done in Arts & Crafts. Choose from below or come up with your own)

Beading:

Keychain	Bracelet/Necklace
Ornament	Wind Chime

Painting:

Ceramics	Plastercraft
Paint by Number	Rocks

Tye Dye:

Shirt	Apron
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Craft Kits:

Needlework	Leather
Decoupage	Weaving
String Art	Mosaics

Poster Drawing of people, nature or your choice.

Colored Pencils	Crayons
Markers	Charcoal
Paint	

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COLLECTIONS

A collection is a group of items that have something in common and you have enjoyed collecting.

- Display your collection in a box, shoebox, scrapbook, or make a poster.
- Your collection should be no larger than 12" X 12"
- You should have 5 items in your collection.
- NO VALUABLES PLEASE!
- COLLECTION SUGGESTIONS: rocks, coins, pencils, insects, magnets etc.

You may wrap your collection in plastic and attach a small card telling us why you have your collection.

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SUN, STARS & SPACE

Explore beyond our earth and look at what you can find up in space. Learn about the sun, stars and space.

Options to exhibit at the fair.

- Make a solar system mobile (12" X 12" or less)
- Make a model of a shuttle (12" X 12" or less)
- Make a poster about 2 different planets. Include a picture of the planet, its name and interesting facts about it.
- Make a poster showing one or two different constellations.
- On a poster, draw and label the different phases of the moon
- Make a Planet Booklet. Include a picture of the planet, its name, and interesting facts about it



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SEWING or WEAVING

We all wear clothes and in this project you will explore how fabric is woven and how to sew something.



Options to exhibit at the fair.

- Make a sewing box. Include needles, thimble, thread, pins etc.
- Sew a fabric pillow to display.
- Using a weaving loom, weave a pot holder.
- Make a pin cushion.
- Make a weaving loom out of cardboard or straws.
- Sew a simple stuffed animal.

- Make a poster showing the steps in weaving.

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CROCHET OR KNIT

If you can hold a pencil, sit for 10 or 15 minutes and count to 10, then you can learn how to crochet or knit!



Options to exhibit at the fair.

- Crochet or knit a pot holder
- Crochet or knit a scarf or hat
- Crochet or knit a book mark
- Crochet or knit a small animal

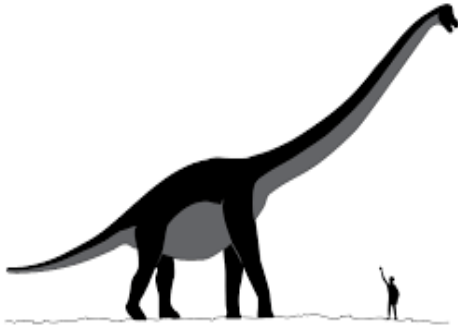
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DINOSAURS

Travel back millions of years ago to the day of the dinosaurs. Explore fossils, learn about a paleontologist and different types of dinosaurs.

Options to exhibit at the fair.

- Make a Fossil Cast (Exhibit must be 12" X 12" or smaller)
- Draw your own dinosaur on a poster.
- Find four pictures of dinosaurs. Label them with their name, weight, size, type (meat eater or plant eater)
- Make a clay model of your favorite dinosaur.
- Make a wood dinosaur
- Make a "dino"rama in a shoe box showing a dinosaur in its natural habitat.



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READING TOGETHER

Options to exhibit at the fair.

- Write a book and read it to someone. Bring your book in to exhibit.
- Make three bookmarks for reading and display them on a poster.
- Make a poster about your favorite book. Include the title and author.

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PLANTS & FLOWERS

Get your hands dirty and find beautiful flowers. Grow something you can later eat.

Options to exhibit at the fair.

- Cut 3 flowers and place them in a vase. Attach a label that tells the kind of flowers.
- Make a fairy garden in a 12" X 12" or less container.
- Make a terrarium (small glass enclosed plant garden) 12" X 12" or less.
- Bring in a potted plant. Attach a label that tells what kind of plant it is.
- Make a poster that shows different parts of a plant.
- Make a poster or booklet with at least 3 pictures of different flowers. Name each flower.

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(Plants/flowers will be judged and then taken home. A picture of you holding your plant/flower will be displayed during the fair)

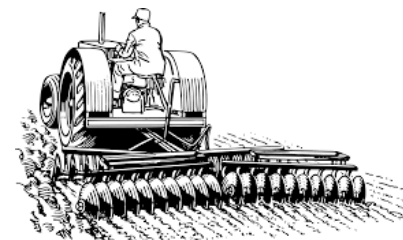
FARMING AND FARM ANIMALS

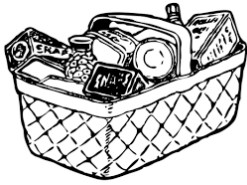
You don't have to live on a farm to learn about farming and farm animals. You can be a farm friend!

Options to exhibit at the fair.

- Write a story about a farm or farm animal.
- Using clay, playdoh, make a 12" X 12" farm model. Include plastic animals, crops, tractors and other farm machinery,
- Make a poster or book. Include pictures of farm animals, their name, what they eat and any other important facts.
- Make a poster or book. Include pictures of farm equipment, their name, what it is used for and any other important facts.

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FOODS

In Foods you will learn about nutrition and food safety. Before doing your project please wash your hands and pull long hair back.

Options to exhibit at the fair.

- Peanut butter sandwich, cut into 2 or 4 pieces.
- Snack Mix-crackers, peanuts, pretzels etc.
- Popcorn Mix-Popcorn, peanuts, pretzels etc.
- No bake cookies
- Marshmallow Treat or S'mores
- Make a poster or book that includes pictures of 6 safety rules in the kitchen. Label each picture with the safety rule.
- Make a poster showing the pyramid of healthy foods.

(Foods will be judged and then taken home. A picture of you holding your food item will be displayed during the fair)

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LEGO/MODELS

If you like building things, this is the project for you! Your project must be 12" X 12" or less.

Options to exhibit at the fair.

- Make one snap together plastic model.
- Make a model using clay or popsicle sticks
- Make a model from a purchased kit.

MY PET AND ME

If you have a special pet, we want to learn all about him/her!

Options to exhibit at the fair.

- Make a scrapbook of you and your pet. Include your pictures, pet's name, age and what makes your pet special.
- Make a poster of you and your pet. Include pictures pet's name, age and what makes your pet special.

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INSECTS

Have some creepy crawly fun with this project. You can collect insects to display and identify.

Options to exhibit at the fair.

- Collect pictures of different insects and label each insect with its name, and what they eat.
- Ant Farm in a jar. Identify where they live and what they eat.
- Collect and properly mount 3 insects in a 12" X 12" or less display. Label each insect with its name.
- Make a poster on one common insect. Attach a picture and give interesting facts on your insect (bee, ladybug, butterfly, ants)
- Make a poster on the body parts (head, thorax, and abdomen) of an insect.

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FORESTRY

Trees are all around us, but we often don't think much about them. Doing this activity will provide lots of opportunity to get outside and explore nature!

Options to exhibit at the fair.

- Make a booklet of leaf rubbings. Try to identify the leaf.
- Collect leaves and press them in a book for a week. Display them in a book or poster.
- Plant a small tree.
- On a poster, draw and label the parts of a tree: roots, trunk, branches, leaves.
- Make a book or poster identifying animals that live in trees.

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HEALTH AND SAFETY

Would you know what to do if you or your friend got hurt? Did you know your heart is a muscle that needs exercise every day?

Options to exhibit at the fair.

- Make a first-aid kit to carry when you are away from home.
- Make a poster or booklet about basic first aid help.
- Make a poster about fire safety in your home
- Make a scrapbook of personal care habits (wash hair, wash hands, brush teeth etc.)
- Make a poster or booklet of your daily exercise routine or food log.

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HELPING MOM & DAD

As you get older your parents will give you more and more responsibilities. What are you doing to help now?

Options to exhibit at the fair.

- Make a chart for one week on the chores you do around the house to help out. Tell why you picked these chores.
- On a poster, list or draw the steps you take to complete one of your chores.
- Make something useful for your home. (pencil holder, vase, magnet, note holder etc.) 12" X 12" or less



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