



# Hendricks County 4-H Clover Connection



Volume 10 Issue 2 | February 2024

## Head, Heart, Hands, and Health

**Ashley Alexander; 4-H Youth Extension Educator**

February is Heart Health month, and it got me thinking about the 4-H pledge. We pledge our head to clearer thinking, heart to greater loyalty, hands to larger service and health to better living, for my club, my community, my country and my world. Are we giving our whole heart to our 4-H club and projects? I encourage you all to be involved in your local club and give back to the community as you see fit. Looking for opportunities? Fill a blessing box, help at a soup kitchen or food pantry, send a sunshine card to someone who needs it or just tell someone a kind word(s). I encourage you to devote your heart to greater loyalty this month.

February is also a great time to get started on your 4-H projects! Don't wait until the last minute to start on your projects! If you need help with your projects, please let us know and we would be happy to help you.

Mini 4-H Day Camp has been **RESCHEDULED!** We were made aware of a school conflict and we were able to change the date to **Tuesday, June 11th from 9 a.m. to 12 noon** at the Fairgrounds. We hope you can join us!

4-H Handbooks are now available! We have a limited supply of handbooks for those first year families. If you have questions about a specific project, please visit our website: <https://hendricksco4h.com/2024handbook>.

We hope to see you all this month at various events in the county! Have a great month and a great year!



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### Extension Office Info

Extension Office CLOSED on:  
 Monday, February 19th  
 Friday, March 29th

### Contact Us

Purdue Extension — Hendricks County  
 1900 E. Main St. P.O. Box 7  
 Danville, IN 46122  
 317-745-9260  
 Open 8 a.m.—4 p.m.  
 Monday—Friday  
<https://bit.ly/hendrickscounty4h>  
<https://v2.4honline.com>





# 4-H OPPORTUNITIES



Next Junior Leaders Meeting:

Thursday, February 15th

6:30-8 p.m.

Hendricks County 4-H Fairgrounds

## Junior Leaders

Be sure you have signed up for the Jr. Leaders Project on 4-HOnline! In order to keep getting information about the Jr. Leaders project, you will need to sign up on 4-HOnline. It's not too late to sign up!

Mark your calendar for the next few meetings:

- Thursday, February 15th @ Hendricks County 4-H Fairgrounds
- Thursday, March 14 @ Plainfield MADE Center
- Monday, April 15 @ Hendricks County 4-H Fairgrounds

**Junior  
Leaders**  
INDIANA 4-H



\*\*Junior Leaders is open to ALL YOUTH in grades 7-12 who are interested in taking on more of a leadership role within the community. We meet monthly to conduct business, participate in community service, and build leadership skills.

## ATTENTION SENIORS

Local Scholarships are still available! You can find links to these scholarships on our website:

<https://hendricksco4h.com/2024Scholarship>

**Local Scholarships are due on March 15th, 2024!**

Local Scholarships: Pork Producers, Pork Producers, Sheep Club, Beef Cattle Association, Beef Cattle Association Continuing Education, Hampton Memorial Livestock Scholarship, Hampton Memorial Cascade Scholarship, Extension Homemakers Scholarship, Master Gardeners Scholarship

Extension Homemaker's Scholarship deadline is

**Friday February 9 at 12 Noon**

Master Gardener Scholarship deadline is **April 15th**

## NOW HIRING:

### 4-H Summer Assistants

Our office is looking for 2 individuals to join our office for a summer full of fun! We are once again hiring 4-H Summer Assistants to experience Extension and 4-H for a summer! See link below for description and application!

**Applications due: February 23rd, 2024**

<https://hendricksco4h.com/2024SummerAssistants>



# SPRING BREAK SPARK PROGRAMS COMING SOON!

All of these programs are open to **4-H AND non-4-H youth** in the grades mentioned! Bring a friend and join the fun! *Registration will open on 4-HOnline soon!*

## Chef University

We will once again be offering Chef University. Participants will prepare recipes designed to help them learn new cooking techniques, science skills, and nutrition lessons. Recipes are based on food items from around the world! There will be a fun "Chopped"-style event at the end of Day 2.

Cost will be \$50. Grades 3-5.

Session 1: March 27 & 28 from 8am-12noon

Session 2: March 27 & 28 from 1-4pm

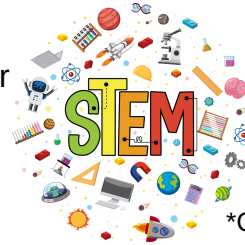
  
Chef University



## STEM Makerspace Day

Come and check out our BRAND NEW STEM kits! We received a generous grant to replace and supplement our STEM supplies and makerspace items. We now have a new 3D Printer, Sphero, Marble Runs, and MORE! We are so excited to have you check out our new items or rediscover the old ones.

<https://hendricksco4h.com/2024SpringBreak>



Cost is \$10

Grades 3-12

Tuesday, March 26th

1:00 p.m. to 4:00 p.m.

\*Cash or check due to the Extension Office. Please make checks payable to Trustees of Purdue University.

## 2024 Clover Craziness



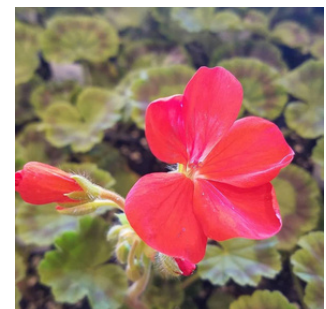
Clover Craziness is BACK! Beginning March 1st, 2024, we will begin our matchups to see who will be crowned the 2024 Clover Craziness Champion! Clover Craziness is our version of "March Madness". Each project is represented and all vie for the title of Clover Craziness Champion!

Horse and Pony was our winner last year, **who will be crowned the 2024 Clover Craziness Champion?!?!**

## 4-H Flower Sale is Here!

We will once again be offering flowers to sell to the community! We will be offering Red and Hot Pink Seed Geraniums for \$2.00 each and Purple and White Petunias for \$5 each. Please give your total flower count to your club leader by March 20th! See attached flyer for more information!

Pick up is the first week of May!



# 4-H OPPORTUNITIES

## Handbook Update:

4-H HANDBOOKS ARE NOW AVAILABLE!!

The handbook holds all of the guidelines and rules to 4-H Projects including what manual work needs to be done for each project, exhibit guidelines, and additional rules related to projects.

Both hard copies and digital copies are available. Digital copies are also divided out into each project online, so you don't have to download the entire book if not needed. Hard copies are on a first come, first given basis as there are limited quantities.

## 4-H FAIR QUEEN INFO SESSION

Join us to learn more about the Hendricks County Fair Queen Program

*This is NOT a commitment to join!  
We'll share workshop topics, basic rules, and answer questions!*

SUNDAY, MARCH 3, 2024

2 PM

HENDRICKS COUNTY FAIRGROUNDS

Open to all Hendricks County 4-Hers who are 16 years of age or older by June 1, 2024 or completed 4-H in Hendricks County their Sophomore through Senior years of high school and have not reached their 20th birthday by June 1, 2024.

## Mini 4-H

The first Mini 4-H Meeting of the year is this month!



**February 12th at 6:30 p.m.**  
**Hendricks Co. 4-H Fairgrounds**

We look forward to having you!

Mark your calendar for the next couple meetings as well:

- March 11th - 6:30-7:30 p.m.  
\***Location: Pittsboro Fire Department**  
Theme: Career Exploration
- April 16th - 6:30-7:30 p.m.  
\*At the Hendricks County Fairgrounds  
Theme: Foods and Cookie Decorating

## MINI 4-H DAY CAMP DATE CHANGE!



Due to a scheduling conflict, Mini 4-H Day Camp will now be on **June 11th from 9 a.m. to 12 noon!** at the Fairgrounds!





# VOLUNTEER & BOARD INFORMATION

## Adult Leaders Meeting

We will have an Adult Leaders Meeting on Thursday, February 22nd at 6:30 p.m. at the Hendricks County 4-H Fairgrounds. We will focus on how to plan your program year and have examples of various ideas!



## 4-H Youth Council

Monday,  
February 26th  
@ 7 p.m.



## 4-H Fairboard

Monday,  
February 5th  
@ 7 p.m.

## 4-H T-SHIRTS

The Jr. Leaders are once again selling 4-H t-shirts! This will be a fundraiser for Jr. Leaders to help them with community service projects, scholarships, and their completion trip.

There will be four options:

- **T-shirts - Dark Heather Grey, Green, Red, and Blue.** Available in Youth sizes S-L and Adult sizes S-4XL. Cost: \$13 (plus a \$3 upcharge for sizes 2XL and up).
- **Long Sleeve T-shirts - Dark Heather Grey, Green, Red, and Blue.** Available in Youth sizes S-L and Adult sizes S-4XL. Cost: \$18 (plus a \$3 upcharge for sizes 2XL and up).
- **Hooded Sweatshirts - Dark Heather Grey.** Available in Adult sizes S-4XL. Cost: \$25 (plus a \$3 upcharge for sizes 2XL and up).
- **Full-zip Hooded Sweatshirts - Dark Heather Grey.** Available in Adult sizes S-4XL. Cost: \$30 (plus a \$3 upcharge for sizes 2XL and up).



Design for T-shirts and Long Sleeves



Design for Hoodie Sweatshirt



Design for Full-zip Hooded Sweatshirt

Link to order is: [Hendricks4H.spiritsale.com](https://hendricks4h.spiritsale.com) (Or scan the QR Code)

Orders due by: **March 17th**

## 2024 LIVESTOCK TAGGING

The tagging dates for Sheep, Goats, Beef Cattle and Dairy Heifers/Cows (if needed) are on Tuesday, May 7th and Wednesday, May 8th from 6-8 p.m. You can bring your animals either day! If you are not sure if you need your animal tagged, please refer to the handbook or call the Extension Office.

<https://hendricksco4h.com/2024handbook>



# IMPORTANT 4-H DATES

## February and March Dates

- February 5 - Fairboard Meeting; HC 4-H Fairgrounds- 7 p.m.
- February 19 - Extension Office CLOSED!
- February 22 - Club and Project Leader Meeting; HC 4-H Fairgrounds- 6:30 p.m.
- February 26 - Youth Council Meeting; HC 4-H Fairgrounds- 7 p.m.
- March 4 - Fairboard Meeting; HC 4-H Fairgrounds- 7 p.m.
- March 25 - Youth Council Meeting; HC 4-H Fairgrounds- 7 p.m.
- March 26-28 - Spring Break Programs; HC 4-H Fairgrounds- Varies by program

## Blessing Box

We are always looking for volunteers to help keep our blessing box filled!

We are looking for clubs and groups to help us stock our box.

Please contact the office if you have any questions!



## Bad Weather Policy

NOTE: As the weather is constantly changing, we want you to know that SAFETY is the number one concern of Purdue Extension—Hendricks County and Hendricks County 4-H. Therefore, should inclement weather happen, please pay close attention to our website and social media accounts for cancellations. If schools have been canceled for the day, MOST LIKELY 4-H related events will be canceled as well for that day. When bad weather happens, please make sure that you only attend meetings where you are comfortable getting to and from the meetings. Again, we want you to stay SAFE while driving this winter!

## Club/Project Meetings in FEBRUARY

- 5 - Beef Club Meeting; Fairgrounds @ 6:30 p.m.
- 6 - Hippology Class; Fairgrounds @ 6:30 p.m.
- 8 - Discovery Club Meeting; Fairgrounds @ 6:30 p.m.
- 8 - Robotics 101 Workshop; Fairgrounds @ 6 p.m.
- 12 - Mini 4-H Meeting; Fairgrounds @ 6:30 p.m.
- 12 - Bridle Bunch Meeting; Fairgrounds @ 6:30 p.m.
- 12 - Llama/Alpaca Workshop; Fairgrounds @ 6 p.m.
- 13 - Hippology Class; Fairgrounds @ 6:30 p.m.
- 13 - Sewing Workshop; Fairgrounds @ 6:30 p.m.
- 13 - Poultry Workshop; Fairgrounds @ 7 p.m.
- 14 - Swine Meeting; Fairgrounds @ 6:30 p.m.
- 15 - Jr. Leaders Meeting; Fairgrounds @ 6:30 p.m.
- 15 - Rabbit workshop; Fairgrounds @ 6:30 p.m.
- 15 - Washington Winners Meeting; Fairgrounds @ 6:30 p.m.
- 18 - Goat Club Meeting; Fairgrounds @ 6:30 p.m.
- 20 - Hippology Class; Fairgrounds @ 6:30 p.m.
- 20- Sheep Club Meeting; Fairgrounds @ 6:30 p.m.
- 22 - Robotics 102 Workshop; Fairgrounds @ 6 p.m.
- 27 - Happy Farmers Meeting; Fairgrounds @ 6:30 p.m.
- 27- Jr. Master Gardener SPARK; Fairgrounds @ 6:30 p.m.
- 27 - Hippology Class; Fairgrounds @ 6:30 p.m.
- 28 - Gifted 4-Her's Meeting; Fairgrounds @ 6:30 p.m.

### Food/Health Tid-Bit

Did you know February is heart month? Heart disease is the number one cause of death among men and women across the nation. Each year, approximately 610,000 Americans die from heart disease, accounting for nearly 1 out of every 4 deaths. Heart disease is also the number one cause of death for men and women in Indiana.

#### Ways to love your heart:

- **Healthy diet**
- **Maintain weight**
- **Get Active**
- **Reduce Stress**
- **Manage/control lab values**  
(cholesterol, blood sugar, blood pressure)
- **Quit smoking**



### Heart Healthy Recipe

#### Slow Cooker Vegetable Turkey Soup

Servings 6 Serving Size 2 cups

##### Ingredients

- 1 pound ground skinless turkey breast
- 3 large carrots, sliced crosswise into rounds
- 2 medium zucchini, halved lengthwise and sliced
- 1 small onion, chopped
- 1 28-ounce can no-salt-added tomato sauce
- 1 15.5-ounce can no-salt-added cannellini beans, rinsed and drained
- 2 medium garlic cloves, minced
- 1 tablespoon dried Italian seasoning, crumbled
- 1/2 teaspoon salt
- 1/2 teaspoon pepper
- 4 cups fat-free, low-sodium chicken broth

##### Directions

- Put all the ingredients in a slow cooker, stirring to combine and breaking up the turkey.
- Cook, covered, on low for 8 hours, or until the turkey is no longer pink.





## ANR UPDATE



## AWE 2024



The 2024 Ag Women Engage Conference is right around the corner!

This inspiring event gathers women in the agriculture business to share experiences with one another and gain insight from guest speakers on challenges of what it's like being a woman in the industry. The conference fee is \$100, which includes workshops and breakout sessions. The AWE Conference will be taking place at the Grand Wayne Convention Center in Fort Wayne, Indiana on February 22nd, 2024. Registration is open until February 13th.

For more information about AWE or to register, please go to <https://purdue.link/AWE2024>

For accommodation or more information, please contact Jenna Nees at [smith535@purdue.edu](mailto:smith535@purdue.edu).

## Young Ladies in Ag Forum

All young ladies interested in exploring careers in agriculture in grades 8-12 & college are welcome to attend The Young Ladies in Ag Forum. This forum will take place on February 21st, 2024 at the Grand Wayne Convention Center in Fort Wayne, Indiana. Participants will have the opportunity to attend sessions that will help educate young ladies to gain knowledge of job opportunities in agriculture, interview skills, and much more! The cost to register is \$25, per person with dinner included.

To register and learn more information, please visit <https://purdue.link/YLAF2024REG>



## Indiana Small Farm Conference February 29- March 1, 2024 Hendricks County Fairgrounds Danville, Indiana

This two-day conference is filled with educational sessions, and other activities for those interested in enhancing Indiana's small farm communities.

For more information or to register, visit [purdue.ag/sfc](https://purdue.ag/sfc)





# Indiana 4-H STEM Showcase

March 9  
Indiana State Museum

## Indiana 4-H Robotics Competition



Robotics teams and clubs can compete in the spring Indiana 4-H Robotics Competition using any brand of robot. Review the new challenges on the [Indiana 4-H Robotics page](#). Contact your county 4-H Extension Educator about volunteering to lead a team or joining a team.

Register teams via [4-H Online](#).

## Do You Want To Learn More About 4-H STEM Programs?

Even if they are not competing, 4-H members can bring their families and friends to the Indiana State Museum for the STEM Showcase to celebrate and explore 4-H STEM programs. Check out the Invention Convention and Indiana 4-H Robotics competitions in the Great Hall and learn how to get involved with these programs. Engage in hands-on STEM activities. Explore the Indiana State Museum galleries and exhibits, including the Towers of Tomorrow LEGO® Bricks exhibit.

Register 4-H members via [4-H Online](#).

## Indiana 4-H Invention Convention Competition

Invention Convention is a global K-12 invention education program that activates STEM + Invention + Entrepreneurship (STEMIE) learning to instill problem identification, problem-solving, and creativity skills for life. Student inventors can present their inventions to a panel of expert judges and engage with other student inventors at the first Indiana 4-H Invention Convention State Competition. Exceptional projects may be eligible for awards and advancement to the RTX Invention Convention U.S. Nationals at The Henry Ford in Dearborn, Michigan. Learn more about this program on the [Indiana 4-H Invention Convention page](#).

Register inventors via [4-H Online](#).

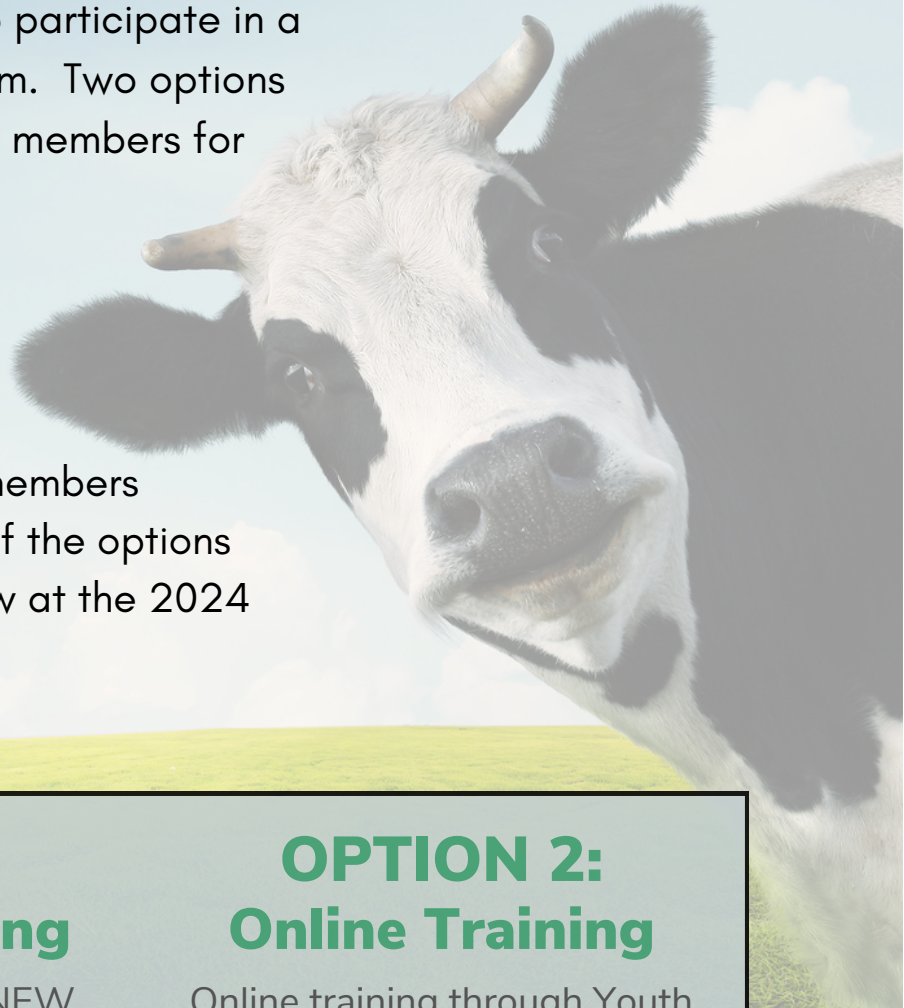


INDIANA 4-H  
iNVENTION  
CONVENTION



# INDIANA 4-H LIVESTOCK QUALITY ASSURANCE PROGRAM

Livestock members are required to participate in a livestock quality assurance program. Two options (found below) are available to our members for completion of the requirement.



**Beef/Dairy Steer, Dairy, Sheep, Goat, Swine, Rabbit, & Poultry** members are REQUIRED to complete ONE of the options listed below to be eligible for show at the 2024 Hendricks County Fair!

## OPTION 1: In-Person Training

In-person training for the NEW Indiana 4-H Quality Livestock Care Program is scheduled to take place at the Hendricks County Fairgrounds. Dates are listed below. \*Only need to attend ONE training time. Cost is \$3.

## OPTION 2: Online Training

Online training through Youth for the Quality Care of Animals (YQCA) is available at [www.yqcaprogram.org](http://www.yqcaprogram.org). Cost is \$12. Test-out option is available for an additional fee.

**! ONLY ONE OPTION IS REQUIRED. Please pick the best option for you. You do not have to complete both in-person and online training. You MUST be able to prove you took one of the two trainings!**



### DATES FOR IN-PERSON TRAINING AT HENDRICKS COUNTY FAIRGROUNDS:

**April 10**  
**6pm**

**May 21**  
**6pm**

**June 18**  
**10am**

**June 18**  
**6pm**

## Purchasing

### Flowers:

You may purchase flowers by ordering them through your local Hendricks County 4-H Members or by calling [317-745-9260](tel:317-745-9260) or email [hendrcces@purdue.edu](mailto:hendrcces@purdue.edu).



Pictured:

Above: Red Seed Geraniums  
Below: Purple and White Petunias



# 2024 4-H FLOWER SALE

## Orders DUE March 20\* to Club Leaders!

\*OR before. Check with Club leader for final date.

**Club Order Pick Up will be May 2nd and 3rd depending on date selected by club. Your Club leader will confirm date & time.**



**Drive-Thru Open Sales will be Saturday, May 4th from 8-10 a.m.**

Limited quantities available at open sales.

### Prices:

Red or Hot Pink Seed Geraniums  
\$2.00 each or \$36.00/flat of 18

Purple or White Wave Petunias  
\$5.00 per Plant or \$75/flat of 15

All proceeds go to local 4-H Clubs for activities and to the Hendricks County 4-H Youth Council to support county 4-H programming, sending youth on 4-H trips, awards, and more.