

The Hearthstone Herald

A NEWSLETTER FOR EXTENSION HOMEMAKERS OF HANCOCK COUNTY, INDIANA

GREETINGS EXTENSION HOMEMAKERS



Thank You!

I enjoyed our Cultivate Kindness, Celebrating You evening. Thank you to all who helped. The decorations were beautiful, a wonderful meal and the presentations along with speakers were outstanding.

I appreciate everyone for offering to help and taking my thoughts and running with them! The history of our flag and learning to make vanilla at home were very interesting. We were honored to have Mandy Gray, our HHS educator, Michelle Roberts, State President, Peg Peter, President Elect and Lynn Lillard, Indianapolis District Rep with us along with our Host a Hoosiers from Randolph County. We will continue to "Cultivate Kindness" as we move into a new homemaker's calendar year.

I have a feeling membership will be growing, thanks to the great programs and lessons we provide to the community. Thank you to the officers for continuing to support our organization. My thanks to Debby Ulrey for her years of friendship, encouragement and ideas over the year. As Debby steps away, I'd like to welcome, Darla White to the members at large team. Darla has been an active members of HCEH for several years.

Thank you for the gift card along with Rosie's family treasure given to me—I love and collect pitchers.

I displayed my bouquet from our celebration over Memorial weekend. I'm looking for program ideas and if you'd like to serve on a committee, let me know.

Don't forget to sign up for the plant propagation lesson. We have a Presidents Council Meeting June 15 at 6:45, Extension Office.

See you at the fair June 23-30!

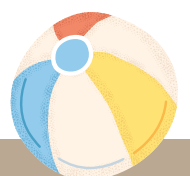
- Margie Clark



Use...

- your voice for kindness
- your ears for compassion
- your hands for charity
- your mind for truth
- and your heart for love.

Cultivate kindness friends.



Educator Update

Dear Homemakers,

As we enter the vibrant month of June 2023, we turn our focus to a crucial issue: men's health. This month serves as a reminder to all of us about the importance of men's health, urging men to embrace regular medical examinations, make healthy lifestyle choices and prioritize disease prevention.

A somewhat alarming fact is that men are typically more inclined to neglect regular health check-ups compared to women. This year, to counteract this trend, Purdue Extension has initiated a statewide campaign aimed at promoting men's health and emphasizing the importance of regular medical check-ups.

Regrettably, men often encounter obstacles when seeking necessary help and support for their health. As we commemorate Men's Health Month, we fervently encourage men to proactively seek medical care before emergency situations arise. Remember, reaching out for help is an emblem of strength, not a manifestation of weakness. Sadly, various factors like fear, mistrust or past negative experiences can deter men from frequent doctor visits. Let's use our influence to urge the men in our lives to prioritize their health.

In the midst of these efforts, I want to express my heartfelt gratitude for the unwavering support you have shown towards Purdue Extension Health and Human Sciences and the beneficial programs we deliver to our community. Your kindness, collaboration and generous contributions have been instrumental in achieving our goals and serving our community's needs.

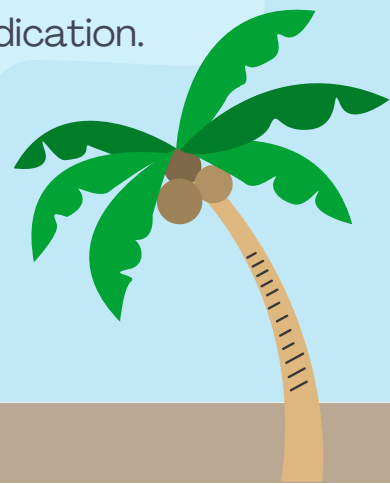
A special mention must be made of your substantial donations to the Purdue Extension Kindergarten 101 Program. Thanks to your generosity, I was able to secure all necessary books for the entire summer program! Additionally, your willing assistance with my salary savings as an educator is deeply appreciated.

Words hardly seem enough to convey my gratitude.

Once again, thank you for your continuous support and dedication.

Mandy Gray

HHS Extension Educator



You Never Know Until You Give It A Try!

Through the last 35 years , I have developed a reputation for baking (mostly breads) by competing at the Indiana State Fair. I started small .being encouraged by a friend who had sampled my dinner rolls and said they belonged at the State Fair. I had attended the Fair since I was a small child and wasn't sure that my baking was good enough. It took a couple of years to take the plunge. This was before the internet, so I had to request an entry catalog and mail in my entries. The rest is history.

I know there are those in the Hancock County Extension Homemakers who could exhibit at the State Fair. Entries are so much easier now with everything being online. Go to <https://www.indianastatefair.com/p/state--fair/competitions-contests> to explore the possibilities.

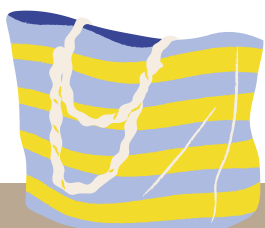
Those with a green thumb will want to explore the Ag-Hort catalog.

The Indiana Arts catalog includes classes for Culinary, Sewing and all types of needlework, Crafts, Antiques, Non-Professional Arts and Photography.

The catalog will show you the classes in each category. Entries are due July 1. You can enter up to 50 items for \$30. The entry fee also includes 6 tickets to the Fair (normally \$14 each) with the opportunity to purchase more for \$10 each. The Entry form and fees are due by July 1. Most entries are due at the Fair between July 22 and 28. (Check the catalogs.)

I personally will be happy to help you through the registration process and answer your questions. You do not have to have competed in any earlier contests. You may very well have a painting, afghan, cross stitch finished that you could enter. Check out the antique classes for some of your family heirlooms. Enter that cherry pie or snickerdoodles that your family loves. There are special live culinary competitions like one for heritage recipes over 50 years old. Check the catalog. Most of all, don't deny yourself the chance to exhibit... You will never know until you give it a try!

Debbi Green, 317-249- 0781





Cultivate Kindness, Celebrating YOU!

Elaine Lowe and Debby Ulrey demonstrated the process of making vanilla extract. Bonus, each person in attendance received a sample bottle.

Thank you ladies!



Vickie Ramsey presenting a Kindness Award to Lydia Lewis, Awenasha Club.

Lydia's always willing to help during the Country Vintage Market. We appreciate Lydia's kindness!



Lorraine Caldwell Award of Excellence

The Lorraine Caldwell Award of Excellence was established in 1994 and is presented annually to one of our outstanding Extension Homemakers.

Nominations are submitted by our clubs or an individual sharing the person's outstanding qualities and achievements, they are then judged by Extension Educators outside our county.



The choice is shared with the person making the nomination, in turn, they share with other club members and the recipient's family, surprising the recipient when the presentation is made at Achievement Celebration and her family members join her for dinner.

Frances Adkins was honored as the 2023 Lorraine Caldwell Award of Excellence recipient. Frances is a lifelong resident of Hancock County, 90 years, resides in Green Township and a 56 year member of Country Harmony Extension Homemakers Club. Frances received a phone call 56 years ago from a neighbor, Joella Kennedy inviting her to attend a meeting of her "Home Ec" club. She loved the members of the club and decided to join. She has served as Club President, Vice President, Reporter—wrote reports of their club meeting for the Greenfield Reporter—to name a few, currently she's the club's Health Education Leader. At the county level, she was a member-at-large, served on the pie booth committee and continues to assist with any event her club undertakes. She was a member of Eastern Star, Fortville Methodist Church and currently attends Willow Branch Methodist Church. She worked at the Finance Center at Fort Harrison, also Farm Bureau Credit Union. Frances raised 2 lovely daughters, Susan Bodkin, recently retired Hancock County Surveyor and Nancy Davis, director of the Hancock Regional Hospital Foundation.

As the girls were growing up, Frances always made time to attend their many activities in 4-H, sports, etc. She also enjoyed traveling with her husband Larry and best friend Judy Cain.

Attached photo identification:

l-r Susan Botkins, Frances Adkins, Nancy Davis, back to the camera, Debbie Stucker, presenter



2022-2023 Milestones

Each year at our Achievement Celebration, we recognize members and clubs who have reached milestone anniversary years (ending in 0 or 5). This years honorees are:

Clubs

Friendly Neighbors – 75 years

U & I - 65 years

Hearts & Homes – 20 years

Members

55 years: Rosalie Hunt

50 years: Sarah Kesterson

45 years: Becky Powers and Brenda Troy

30 years: Kathy Aldrich

25 years: Brigette Raven

20 years: Margie Clark and Vickie Ramsey

5 years: Betty Andrews, Ashley Eaks, Janet Kirkpatrick, Libby Manship, April Mattox, Tamera O'Dell, Barb Schaecher and Niki Ward



Memorial Tribute

This past year we had five ladies pass away that had been members of our organization.

Nancy Patchet, a member of Ahwenasha and Kathy Aldrich signed out memory book and spoke a few words about Nancy. Gloria Krentchner of Friendly Neighbors and Debbie Stucker spoke about her. Ginny Waymire and Lois Steele of Biz-z-bees and Lorraine Ewing spoke about them and Janie Garriot of Helping Hands/Fortville and Bridgette Raven spoke about her. Each and every one of these ladies were active and will be missed by the members and remembered for their enthusiasm over the years in promoting Hancock Extension Homemakers. Rosalie Hunt





Giving Back in a Big Way!



At the May President's Council Meeting, we voted and passed using funds from our Spring Country Vintage Market to help offset the Salary Savings initiative for Mandy Gray. This initiative was put in place by Purdue. Mandy Gray received a check for \$2,000.00 to cover educational programs given throughout the community.

Money from the Spring Country Vintage Market is designated to give back to our community. Watch for these fun educational opportunities!



Upcoming Dates and Deadlines

June 5-7 - Home & Family Conference

**June 15 - Council Meeting, Club Presidents 6:45pm,
Extension Office**

June 18 - *Happy Father's Day!*

June 23-30 - Hancock County 4-H Fair

July 4 - Celebrate **America's Birthday!**

July 28 - Indiana State Fair begins



Cultivate Kindness, Celebrating YOU !!

Wednesday, May 24, 2023

Welcome	Margie Clark
Our Creed & Mission Statement	
Introductions	
Lorraine Caldwell Award & Presentation	Debbie Stucker
Blessing	Sarah Kesterson
Dinner (Ty Hunt)	Served by Jessica & Liz
"Make a Difference" service projects	Club Presidents
Kindness Award	Vickie Ramsey
Flag history and Pledge of Allegiance	Leisa Harmon
Memorial Service	Rosie Hunt
IEHA State President	Michelle Roberts
Our HHS Educator & Friend	Mandy Gray
Introduction of NEW members	Club Presidents
Membership & Milestone Awards	Debbi Green
Indianapolis District Representative	Lynn Lillard
Special lesson	Elaine Lowe
Thank you!	Debby Ulrey
Upcoming lesson July 12	Michele Medcalf
IEHA President-elect	Peg Peter
Officers 2022-2023 & 2023-2024	Margie Clark

2023-2024 Hancock County Extension Homemakers officers:

Members at large:	Kathy Aldrich
	Linda Brooks
	Leisa Harmon
	Elaine Lowe
	Brenda Troy
	Darla White
Advisors:	Vickie Ramsey
	Sarah Kesterson
HHS Educator:	Mandy Gray
Past President	Debbi Green (incoming District Representative)
Treasurer	Debbie Elsbury
Secretary	Nancy Alldredge
Vice President	Shannon Swindell
President elect	Rosalie Hunt

I'd like to also recognize Debby Ulrey, thank you for years of friendship and inspiration Debby has served several years in our organization and we thank you.

Thank you for your support, I am looking forward to the upcoming year. Please share any ideas for programs and lessons of interest to the community and our members.

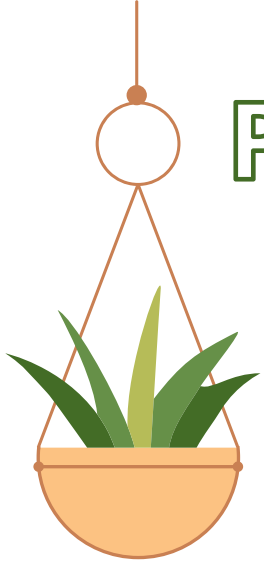
Thank you to our decorating team, Michele, Linda, Dana and Susan

Look at our amazing contributions to Hancock County:

Recipes (monthly) for the Daily Reporter

Friendsgiving	Changing footprints	
First books	Shannon Swindell	
Host a Hoosier	Sarah Kesterson	
Grants to FACs Classes	Vickie Ramsey, Brenda Troy, Lorraine Ewing, Michele Hasty	
Membership	Debbi Green	
Pie Sales during CVM	Debby Ulrey, Fall	Laura Lewis, Spring
Volunteer Community Support (new forms soon!)	Teresa Bowlby	
Heritage Skills Program	Shannon Swindell, Debbi Green, Brenda Troy	
Make a heart day	Sarah Kesterson	
Country Vintage Market	Vickie Ramsey	Margie Clark
Air fryer	Instapot	Mandy Gray
Expiration dates	Dede Allender	
Monthly newsletter	Mandy Gray, Bobbie Lawrence	Thank you!
Indianapolis District Day	August 2022	
Christmas dinner	benefiting a family in need	
Sewing with 4H	Lorraine Ewing	
Planting party	Pizza fundraiser	Lemon shakeup at the fair
Bakers Best	Home Arts at Riley Festival	IEHA Conference
Sharing hearts with Sue Wortman Cancer Center and the community		
Donation to Mandy's K101 program and her salary savings		
PLUS your clubs projects and giving locally		





PLANT PROPAGATION

with Marnie Tupling

Wednesday, July 12, 2023

Time: 5:30p-7:30p, Cost: \$5.00

Sarah Burke Exhibit Hall

602 Apple St, Greenfield, IN 46140

Come and learn plant propagation. Hancock County Extension Homemakers are pleased to announce upcoming event in July. The Program will include how to propagate plants including shrubs, perennials, root divisions, seeds, grafting and much more!!

Marnie Tupling is the Seasonal Color Manager at Wasson Nursery. She has 15 years of experience in the Green Industry with a degree in Landscape Horticulture and Design from Purdue University. She has well over ten years experience at Wasson, working with perennials, trees and shrubs, fertilizers, landscape maintenance and installations. In addition she coordinates the planting and maintaining of all annual stock.

Each participant will leave with a a start or propagated plant to take home. Hands on demonstrations and questions and answers will be on the program.

Bring a friend and enjoy learning how to GROW and PROPAGATE and SHARE your gardens! Light box dinner and drinks included.

RSVP by Thursday, July 6, 2023 to Debbie Elsbury, call or text 317-697-0346 or email debra.elsbury@gmail.com

Questions? Call Michele Medcalf @ 317-753-3300 (Reservations required for food & building set up)

