



Without a Will

Tuesday, June 4th 6:00pm-7:00pm

Do you know what a will is? Do you have one created? It's never too early to have one in place. This program will help you prepare to make a will and discuss what to include in it.



Understanding Alzheimer's

Monday, July 8th 6:00pm-7:00pm

Alzheimer's disease is not a normal part of aging. Learn about the impact of Alzheimer's, the difference between Alzheimer's and dementia, stages and risk factors, current research and treatments available for symptoms, and resources from the Alzheimer's Association.



Cooking Small

Tuesday, August 6th 6:00pm-7:00pm

Many of us live alone or in a smaller household. Coming up with meal ideas and finding recipes can be a chore in itself. Learn how to master a few basic cooking skills, stock up on essential ingredients, and get creative in making meals that work specifically for you.



Purge Your Papers

Monday, August 12th 6:00pm-7:00pm

Do you find yourself getting overwhelmed with the stack of papers accumulating on the counter? It can be confusing not knowing which papers to dispose of and which ones to keep. This program will explain which paperwork to keep for a certain period of time and which ones can go in the garbage.

To register, call Jenn at 574-533-0554 or email fink24@purdue.edu